

SKRIPSI
PENGARUH PEMBERIAN AROMA TERAPI LAVENDER TERHADAP
NYERI PERSALINAN PADA IBU PRIMI GRAVIDA KALA I
DI KLINIK RIJOIS PB SELAYANG II
KOTA MADYA MEDAN
TAHUN 2022



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POLITEKNIK KESEHATAN KEMENTRIAN KESEHATAN
PRODI SARJANA TERAPAN KEBIDANAN
KELAS ALIH JENJANG KEBIDANAN
JURUSAN KEBIDANAN MEDAN
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TAHUN 2022**

Diajukan sebagai salah satu syarat untuk memperoleh gelar Sarjana Terapan Kebidanan



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TAHUN 2022**

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LAVENDER TERHADAP NYERI PERSALINAN PADA
IBU PRIMI GRAVIDA KALA I DI KLINIK RIJOIS PB
SELAYANG II KOTAMADYA MEDAN TAHUN 2022**

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Judul Tugas Akhir : Pengaruh Pemberian Aromatherapy Lavender
Terhadap Nyeri Persalinan Pada Ibu Primi Gravida
Kala I di Klinik Rijois PB Selayang II Kotamadya
Medan Tahun 2022

Telah Berhasil Dipertahankan Di Hadapan Dewan Penguji Dan Diterima Sebagai
Bagian Persyaratan Yang Diperlukan Untuk Mempoleh Gelar Sarjana Terapan
Kebidanan Pada Program Sarjana Terapan Kebidanan Jurusan Kebidanan
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KETUA JURUSAN KEBIDANAN
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**The Effect of Lavender Aromatherapy Provision to Labor Pain in First Stage
Primi Gravida Mothers at Rijo Clinic of Padang Bulan Selayang II
Medan in 2022**

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Abstract

Labor pain can affect psychological conditions which include the mother's perception of pain and anxiety during labor which can cause physiological responses that reduce the ability of the uterus to contract, thereby prolonging the time of labour.

Giving lavender aromatherapy can provide a relaxing effect to the patient and can help relieve muscle tension and emotions, reduce labor pain and increase satisfaction during labor, because the mother can control the feeling of labor pain.

From a population of 100 mothers giving birth at Rijo clinic of Medan in 2022 a sample of 30 mothers giving birth in first stage of Primi Gravida and was taken from August to November with the aim of research to find out the effect of lavender aromatherapy on labor pain.

This type of research with pain measurement was carried out in samples before and after Lavender Aromatherapy Treatment by observing the mother's face with the Wong Baker Pain Rating Scale image benchmark and then changing the observation data into numbers and then The data obtained were analyzed using the t-test with a p value of 0.006.

The results of the study showed that there was a significant effect between giving aromatherapy to labor pain with a p value = 0.006. Of the 30 mothers who gave birth, the results obtained were women who experienced labor pain after aromatherapy with mild labor pain in 22 women (73.3%) and severe labor pain in 3 women (10%).

It is hoped that the results of this study can add to the knowledge and skills of the readers and can take action by giving lavender aromatherapy as an alternative treatment to reduce pain in labor and improve midwifery care.

Keywords : Lavender Aromatherapy, Primi Gravida, Pain during childbirth
References : 26 (2004-2016)

