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LAMPIRAN

Lampiran 1.Surat Penelitian

Kementerian Kesehatan
Direktorat Jenderal
Sumber Daya Manusia Kesehatan
Poltekkes Medan
Jalan Jamin Ginting KM 13,5
Medan, Sumatera Utara 20137
(061) 8368633
https://poltekkes-medan.ac.id

Lubuk Pakam. 11 Juni 2026

Nomor : KH.03.01/XIV.13/1011/2026
Lampiran : -
Perihal : Surat Penelitian

Kepada Yth:

Kepala Sekolah UPT N 1 Doloksanggul
di _
Tempat

Sesuai dengan kurikulum Prodi Diploma III Gizi dimana mahasiswa diwajibkan menyusun Tugas Akhir. Berkenaan dengan hal tersebut kami mohon izin bagi mahasiswa bimbingan Dr. Oslida Martony, SKM, M. Kes untuk melakukan Penelitian di Sekolah UPT N 1 Doloksanggul. Adapun nama mahasiswa tersebut, adalah:

Nama	:	Giat Suryawan Tahir Gultom
NIM	:	P01031123063
Judul	:	Gambaran Data Terima Remaja terhadap Menu dalam Kegiatan Program Makanan Bergizi Gratis di UPT N 1 Doloksanggul.

Demikian kami sampaikan, atas perhatian dan kerja samanya diucapkan terima kasih.

Ketua Jurusan,

Riris Oppusunggu, S. Pd. M. Kes

Kementerian Kesehatan tidak menerima suap dan/atau gratifikasi dalam bentuk apapun. Jika terdapat potensi suap atau gratifikasi silakan laporkan melalui HALO KEMENKES 1500567 dan https://wbs.kemkes.go.id. Untuk verifikasi keaslian tanda tangan elektronik, silakan unggah dokumen pada laman https://tte.kominfo.go.id/verifyPDF.

Lampiran 2.Surat Balasan Survey Penelitian

PEMERINTAH KABUPATEN HUMBANG HASUNDUTAN
UPT SMP NEGERI 001 PASAR DOLOKSANGGUL

Jl.Melanthon siregar No.11 Kel.Pasar Doloksanggul kec. Doloksanggul, Humbang Hasundutan, Sumatera Utara, 22457
Telepon:0633-31026 Laman:- Pos El:smpn1doloksanggul@Gmail.com

Doloksanggul, 26 Februari 2026

Nomor : 421/ 106 /UPTSMPN001/II/2026
Perihal : **Balasan Permohonan Izin Penelitian**

Kepada Yth,
Direktur

Cq. Ketua Jurusan
Poltekes Medan
di Tempat

Dengan hormat,
Untuk menanggapi surat permohonan izin penelitian yang Bapak/Ibu kirimkan pada tanggal 13 Februari 2026 dengan nomor surat KH.03.01/XIV.13/112/2026, pada mahasiswa :

Nama	:	**Giat Suryawan Tahir Gultom**
NIM	:	**P01-31123063**

Telah kami setujui untuk mengadakan Penelitian di UPT SMP Negeri 001 Pasar Doloksanggul dengan judul : **Gambaran tingkat kesukaan Remaja terhadap program Makanan Bergiji Gratis di UPT SMP Negeri 1 Doloksanggul.**

Pada umumnya, kami tidak keberatan dengan hal tersebut, dan kami memberikan izin kepada mahasiswa di atas untuk melaksanakan Penelitian .

Demikian surat balasan permohonan izin penelitian ini kami sampaikan, atas perhatiannya, kami ucapkan terimakasih.

Doloksanggul, 26 Februari 2026
Kepala UPT SMP Negeri 001 PASAR DOLOKSANGGUL

SEVENTINA PURBA, S.Pd, MM
NIP. 197309151999032005

Lampiran 3.Informed Consent

LEMBAR PERSETUJUAN MENJADI RESPONDEN

(INFORMED CONSENT)

Saya yang bertanda tangan di bawah ini:
Nama (Inisial) : .....
Umur : .....
Jenis Kelamin : .....
Asal Sekolah : UPT SMP Negeri 1 Doloksanggul
Menyatakan bahwa saya telah mendapatkan penjelasan secara rinci dari peneliti mengenai maksud, tujuan, dan manfaat penelitian yang berjudul: **"Gambaran Daya Terima Remaja Terhadap Menu Dalam Kegiatan Program Makanan Bergizi Gratis Di UPT SMP N 1 Doloksanggul".**

Saya memahami bahwa dalam penelitian ini:

1. Identitas dan data yang saya berikan akan dijaga kerahasiaannya dan hanya digunakan untuk kepentingan ilmu pengetahuan/penelitian.
2. Partisipasi saya dalam kegiatan ini bersifat sukarela dan saya berhak menolak atau mengundurkan diri sewaktu-waktu tanpa sanksi apa pun.
3. Tidak ada risiko medis maupun sosial yang merugikan saya selama proses pengisian kuesioner berlangsung.

Dengan ini saya menyatakan **BERSEDIA / TIDAK BERSEDIA*** untuk menjadi responden dalam penelitian ini dan akan memberikan jawaban kuesioner dengan sejujur-jujurnya.

Doloksanggul, ... 2026

Responden, Peneliti

(.....) (Giat suryawan Tahir Gultom)

Lampiran 4.Kuesioner Penelitian

KUESIONER PENELITIAN

Gambaran Daya Terima Remaja Terhadap Menu Dalam Kegiatan Program Makanan Bergizi Gratis

Di UPT SMP N 1 Doloksanggul

A. Identitas Responden

Nama :
Tangal lahir :
Jens kelamin :
Usia :
Kelas :
Apakah anda rutin mengikuti program MBG disekolah : ya/tidak

B. Petunjuk Pengisian

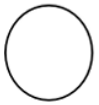
a. Apakah makanan yang di berikan adnda habiskan ?
Ya / Tidak

b. jika tidak habis,berikan tanda centang (✓) pada formulir berikut:

Keterangan :

6 : Sisa Makanan 0% = Makanan Habis
5 : Sisa Makanan 25% = Sisa Makanan ¼ porsi
4 : Sisa Makanan 50% = Sisa makanan ½ porsi
3 : Sisa Makanan 75% = Sisa Makanan ¾ porsi
2 : Sisa makanan 95% = Sisa Makanan Hampir Utuh (<1 sendok dimakan)
1 : Sisa Makanan 100% = Makanan Utuh (Tidak Ada Yang di Komsumsi)

Formulir Visual Comstock

No	Waktu Makan	Jenis Masakan	Nama Masakan	% Sisa makanan						Keterangan
				(6)  0%	(5)  25%	(4)  50%	(3)  75%	(2)  95%	(1)  100%	
1		Nasi								
2		Lauk Hewanu								
3		Lauk Nabati								
4		Sayur								
5		Buah								

Lampiran 5.Tabel Hasil Observas Survey Pendahuluan

No	Inisial Respnden	usia	Jenis kelamin	Keterangan
1	AOP	13	P	Mengeluh aroma makanan yang kurang enak
2	ALS	12	L	Mengeluh terhadap menu makanan yang monoton saja
3	GPS	13	L	Mengeluh aroma makanan yang kurang enak
4	HLP	13	P	Mengeluh pada rasa makanan yang dimana terasa hambar
5	HRP	13	P	Mengeluh terhadap menu makanan yang monoton saja
6	WSM	12	P	Mengeluh terhadap menu makanan yang monoton saja
7	AJP	13	L	Mengeluh pada rasa makanan yang dimana terasa kurang enak
8	AFL	13	L	Mengeluh aroma makanan yang kurang enak
9	ClS	12	L	Mengeluh pada rasa makanan yang dimana terasa hambar
10	YAH	14	L	Mengeluh terhadap menu makanan yang monoton saja
11	EYZ	13	L	Mengeluh terhadap menu makanan yang monoton saja
12	JPS	13	P	Mengeluh pada rasa makanan yang dimana terasa kurang enak
13	JPP	13	P	Mengeluh pada rasa makanan yang dimana terasa kurang enak
14	TG	12	L	Mengeluh pada rasa makanan yang dimana terasa kurang enak
15	RB	14	L	Mengeluh pada rasa makanan yang dimana terasa kurang enak

Lampiran 6.Angaran Biaya

Angaran Biaya

No	Nama Bahan	Jumlah	Harga Satuan (Rp)	Total (Rp)
1	Pembuatan proposal	10	15.000	150.000
2	Biaya transportasi	10	100.000	1.000.000
3	Print jurnal-jurnal yang berkaitan dengan judul	10	10.000	100.000
4	Print kuesioner	250	500	125.000
5.	Snack untuk Responden	48	5.000	240.000
6	Snack untuk Guru Pendamping	3	50.000	150.000
7	Jilid	5	15.000	75.000
8	Paket internet	2	50.000	100.000
TOTAL				**Rp.1.940.000**

Lampiran 7.Daftar Riwayat Hidup

DAFTAR RIWAYAT HIDUP

Nama	: Giat Suryawan Tahir Gultom
Tempat/Tanggal Lahi	:Doloksanggul 11 September 2005
Alamat Rumah	:JL.Veteran,no 25,Doloksanggul Kabupaten Humbang Hasundutan Sumatra Utara
No HP/Telp	:087846725196
Riwayat Pendidikan	:1.SD Negeri 173395 Doloksanggul
	2.SMP Negeri 1 Doloksanggul
	3.SMA Negeri 1 Doloksanggul

MOTTO

Roma 12:12

“Bersukacita Dalam Pengharapan , Sabarlah Dalam Kesesakan ,dan Bertekunlah Dalam Doa”

Lampiran 8.Master Tabel

No	Nama	Tanggal Lahir	Jenis Kelamin	Usia	Kelas	Hari 1							Hari 2							Hari 3							hari 4							hari 5							rata-rata						
						Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori	Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori	Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori	Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori	Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori	Hari 1	Hari 2	Hari 3	Hari 4	Hari 5	Hasil Rata-Rata	Kategori
1	DS	17/09/2011	P	14	VIII-A	50%	95%	25%	100%	0%	54%	2	100%	100%	0%	0%	100%	60%	2	75%	50%	25%	100%	0%	50%	2	0%	25%	0%	95%	0%	24%	2	75%	25%	0%	100%	0%	40%	2	68%	82%	78%	94%	104%	85%	2
2	JDP	14/03/2012	P	14	VIII-A	0%	0%	0%	95%	0%	19%	1	25%	25%	75%	95%	0%	44%	2	25%	0%	50%	100%	0%	35%	2	95%	50%	0%	95%	0%	48%	2	0%	25%	0%	95%	0%	24%	2	64%	77%	73%	87%	100%	80%	2
3	RCL	6/3/2012	L	14	VIII-A	0%	0%	0%	75%	0%	15%	1	0%	0%	0%	100%	0%	20%	2	50%	50%	100%	100%	0%	60%	2	0%	0%	0%	0%	0%	0%	1	50%	50%	75%	95%	0%	54%	2	85%	87%	85%	102%	112%	94%	2
4	MNP	22/10/2011	P	14	VIII-A	0%	75%	0%	95%	0%	34%	2	0%	0%	0%	25%	0%	5%	1	75%	50%	25%	100%	0%	50%	2	0%	75%	0%	95%	0%	34%	2	95%	50%	0%	95%	0%	48%	2	69%	82%	80%	98%	105%	86%	2
5	ASB	27/01/2012	P	14	VIII-A	75%	50%	25%	100%	0%	50%	2	75%	50%	25%	100%	0%	50%	2	75%	75%	95%	100%	95%	88%	2	0%	0%	0%	100%	0%	20%	2	0%	0%	0%	0%	0%	0%	1	20%	24%	29%	35%	41%	30%	2
6	KDP	29/07/2012	P	13	VIII-A	0%	0%	0%	100%	0%	20%	2	25%	0%	50%	100%	0%	35%	2	0%	25%	0%	75%	0%	20%	2	0%	0%	0%	25%	0%	5%	1	0%	75%	0%	95%	0%	34%	2	66%	79%	76%	91%	102%	83%	2
7	AA	10/3/2012	L	14	VIII-A	0%	25%	0%	50%	0%	15%	1	50%	50%	100%	100%	0%	60%	2	50%	50%	75%	95%	0%	54%	2	75%	50%	25%	100%	0%	50%	2	0%	0%	0%	100%	0%	20%	2	64%	77%	72%	87%	100%	80%	2
8	SS	27/04/2012	L	14	VIII-A	0%	50%	0%	95%	0%	29%	2	75%	50%	25%	100%	0%	50%	2	25%	25%	100%	0%	0%	30%	2	25%	0%	50%	100%	0%	35%	2	0%	0%	0%	100%	0%	20%	2	64%	77%	72%	87%	100%	80%	2
9	SCG	26/12/2011	P	14	VIII-A	25%	95%	0%	95%	0%	43%	2	75%	75%	95%	100%	95%	88%	2	95%	95%	100%	100%	0%	78%	2	50%	50%	100%	100%	0%	60%	2	0%	25%	0%	50%	0%	15%	1	33%	40%	38%	45%	51%	41%	2
10	FCP	20/12/2011	P	14	VIII-A	0%	50%	0%	75%	0%	25%	2	0%	25%	0%	75%	0%	20%	2	0%	0%	0%	0%	0%	0%	1	75%	50%	25%	100%	0%	50%	2	0%	50%	0%	95%	0%	29%	2	65%	78%	74%	89%	101%	81%	2
11	VDP	11/4/2012	L	14	VIII-B	95%	95%	100%	100%	0%	78%	2	50%	50%	75%	95%	0%	54%	2	0%	0%	0%	50%	0%	10%	1	75%	75%	95%	100%	95%	88%	2	25%	95%	0%	95%	0%	43%	2	68%	81%	78%	94%	104%	85%	2
12	FAP	2/9/2012	P	13	VIII-B	0%	100%	0%	100%	0%	40%	2	25%	25%	100%	0%	0%	30%	2	0%	0%	0%	95%	0%	19%	1	0%	25%	0%	75%	0%	20%	2	0%	50%	0%	75%	0%	25%	2	60%	72%	71%	86%	98%	77%	2
13	LWLG	16/03/2012	P	14	VIII-B	0%	50%	0%	95%	0%	29%	2	95%	95%	100%	100%	0%	78%	2	25%	95%	0%	95%	100%	63%	2	50%	50%	75%	95%	0%	54%	2	95%	95%	100%	100%	0%	78%	2	96%	95%	94%	112%	119%	103%	2
14	MSS	28/06/2006	L	14	VIII-B	0%	0%	0%	0%	0%	0%	1	0%	0%	0%	0%	0%	0%	1	0%	25%	0%	50%	0%	13%	1	25%	25%	100%	0%	0%	30%	2	0%	100%	0%	100%	0%	40%	2	68%	82%	78%	94%	104%	85%	2
15	ACLB	6/3/2012	P	14	VIII-B	0%	0%	0%	100%	0%	20%	2	0%	0%	0%	50%	0%	10%	2	50%	50%	75%	95%	0%	54%	2	95%	95%	100%	100%	0%	78%	2	0%	50%	0%	95%	0%	29%	2	65%	78%	74%	89%	101%	81%	2
16	WOFS	29/09/2012	P	13	VIII-B	0%	75%	100%	50%	0%	45%	2	0%	0%	0%	95%	0%	19%	1	95%	50%	0%	95%	0%	48%	2	0%	0%	0%	0%	0%	0%	1	0%	0%	0%	0%	0%	0%	1	20%	24%	29%	35%	41%	30%	2
17	JP	1/2/2012	P	14	VIII-B	25%	100%	0%	100%	100%	65%	2	25%	95%	0%	95%	100%	63%	2	0%	0%	0%	95%	0%	19%	1	50%	50%	75%	95%	0%	54%	2	0%	0%	0%	100%	0%	20%	2	64%	77%	72%	87%	100%	80%	2
18	EJS	14/07/2012	P	13	VIII-B	25%	100%	0%	100%	100%	65%	2	0%	25%	0%	50%	0%	15%	1	0%	25%	25%	95%	0%	29%	2	95%	50%	0%	95%	0%	48%	2	0%	75%	100%	50%	0%	45%	2	79%	75%	80%	96%	106%	87%	2
19	YVS	1/4/2012	P	14	VIII-B	0%	50%	0%	25%	0%	15%	1	50%	50%	75%	95%	0%	54%	2	0%	25%	100%	100%	0%	45%	2	0%	0%	0%	0%	0%	0%	1	25%	100%	0%	100%	100%	65%	2	93%	112%	114%	117%	127%	112%	2
20	RP	24/03/2012	L	14	VIII-B	0%	0%	0%	0%	0%	0%	1	95%	50%	0%	95%	0%	48%	2	0%	0%	0%	100%	0%	20%	2	0%	75%	0%	95%	0%	34%	2	0%	0%	0%	25%	0%	5%	1	26%	31%	32%	39%	46%	35%	2
21	MMS	8/10/2011	L	15	VIII-B	0%	0%	0%	0%	0%	0%	1	0%	0%	0%	95%	0%	19%	1	75%	25%	0%	100%	0%	40%	2	0%	0%	0%	100%	0%	20%	2	25%	95%	0%	95%	100%	63%	2	92%	110%	113%	115%	126%	111%	2
22	RH	17/7/2013	L	14	VIII-B	0%	50%	95%	0%	100%	49%	2	0%	25%	25%	95%	0%	29%	2	0%	25%	0%	95%	0%	24%	2	0%	0%	0%	25%	0%	5%	1	0%	75%	100%	50%	0%	45%	2	79%	75%	80%	96%	106%	87%	2
23	LGAM	26/07/2012	L	14	VIII-B	50%	50%	100%	100%	0%	60%	2	0%	25%	100%	100%	0%	45%	2	50%	50%	75%	95%	0%	54%	2	25%	95%	0%	95%	100%	63%	2	25%	100%	0%	100%	100%	65%	2	93%	112%	114%	117%	127%	112%	2
24	GGS	13/02/2012	L	14	VIII-C	0%	25%	50%	100%	25%	40%	2	0%	0%	0%	100%	0%	20%	2	95%	50%	0%	95%	0%	48%	2	0%	75%	100%	50%	0%	45%	2	25%	100%	0%	100%	100%	65%	2	93%	112%	114%	117%	127%	112%	2
25	KSS	12/5/2012	P	14	VIII-C	50%	25%	50%	50%	0%	35%	2	75%	25%	0%	100%	0%	40%	2	0%	0%	0%	0%	0%	0%	1	25%	100%	0%	100%	100%	65%	2	0%	50%	0%	25%	0%	15%	1	28%	34%	35%	42%	48%	37%	2
26	RHS	21/06/2012	L	14	VIII-C	25%	50%	50%	75%	100%	60%	2	0%	25%	0%	95%	0%	24%	2	0%	75%	0%	95%	0%	34%	2	25%	100%	0%	100%	100%	65%	2	0%	0%	0%	0%	0%	0%	1	20%	24%	29%	35%	41%	30%	2
27	SOS	27/02/2011	P	15	VIII-C	0%	25%	25%	100%	0%	30%	2	50%	50%	75%	95%	0%	54%	2	0%	0%	0%	100%	0%	20%	2	0%	50%	0%	25%	0%	15%	1	0%	0%	0%	0%	0%	0%	1	20%	24%	29%	35%	41%	30%	2
28	ZS	5/2/2012	P	14	VIII-C	0%	0%	25%	100%	100%	45%	2	95%	50%	0%	95%	0%	48%	2	0%	0%	0%	25%	0%	5%	1	0%	0%	0%	0%	0%	0%	1	0%	50%	95%	0%	100%	49%	2	89%	88%	105%	106%	118%	101%	2
29	RMS	22/03/2012	P	14	VII-A	0%	0%	0%	50%	0%	10%	1	0%	0%	0%	0%	0%	0%	1	75%	50%	25%	100%	0%	50%	2	0%	0%	0%	0%	0%	0%	1	50%	50%	100%	100%	0%	60%	2	92%	90%	88%	106%	115%	98%	2
30	REP	13/06/2013	P	12	VII-A	0%	0%	0%	95%	0%	19%	1	0%	75%	0%	95%	0%	34%	2	25%	0%	50%	100%	0%	35%	2	0%	50%	95%	0%	100%	49%	2	0%	25%	50%	100%	25%	40%	2	83%	90%	88%	100%	112%	94%	2
31	HBS	19/07/2013	P	12	VII-A	25%	95%	0%	95%	100%	63%	2	25%	25%	75%	95%	0%	44%	2	50%	50%	100%	100%	0%	60%	2	50%	50%	100%	100%	0%	60%	2	0%	25%	0%	0%	0%	5%	1	21%	25%	30%	36%	43%	31%	2
32	ES	11/9/2012	P	12	VII-A	0%	25%	0%	50%	0%	15%	1	0%	0%	75%	75%	95%	49%	2	75%	50%	25%	100%	0%	50%	2	0%	25%	50%	100%	25%	40%	2	25%	25%	0%	100%	25%	35%	2	72%	86%	84%	95%	107%	89%	2
33	HLP	16/06/2013	P	12	VII-A	50%	50%	75%	95%	0%	54%	2	0%	0%	0%	100%	0%	20%	2	75%	75%	95%	100%	95%	88%	2	0%	0%	0%	25%	0%	5%	1	0%	0%	0%	100%	0%	20%	2	64%	77%	72%	87%	100%	80%	2
34	ALG	26/10/2012	P	12	VII-A	95%	50%	0%	95%	0%	48%	2	0%	95%	0%	100%	0%	39%	2	0%	25%	0%	75%	0%	20%	2	50%	95%	25%	100%	0%	54%	2	50%	25%	100%	0%	100%	55%	2	91%	89%	107%	108%	119%	103%	2
35	RNSS	26/02/2012	P	13	VII-A	0%	0%	0%	95%	0%	19%	1	75%	50%	100%	95%	50%	74%	2	50%	50%	75%	95%	0%	54%	2	0%	0%	0%	95%	0%	19%	1	95%	25%	0%	0%	0%	24%	2	45%	54%	65%	77%	88%	66%	2
36	ASB	8/5/2012	L	12	VII-A	0%	25%	25%	95%	0%	29%	2	0%	25%	50%	100%	25%	40%	2	25%	25%	100%	0%	0%	30%	2	0%	0%	0%	75%	0%	15%	1	0%	25%	0%	0%	100%	25%	2	65%	78%	94%	92%	106%	87%	2
37	ROG	7/10/2012	L	13	VII-A	0%	25%	100%	100%	0%	45%	2	25%	25%	75%	95%	100%	64%	2	95%	95%	100%	100%	0%	78%	2	0%	75%	0%	95%	0%	34%	2	0%	25%	0%	100%	100%	45%	2	89%	107%	108%	110%	123%	107%	2
38	AP	2/1/2012	P	13	VII-A	0%	0%	0%	100%	0%	20%	2	0%	0%	75%	100%	100%	55%	2	0%	0%	0%	0%	0%	0%	1	75%	50%	25%	100%	0%	50%	2	0%	50%	95%	100%	0%	49%	2	89%	88%	85%	102%	113%	95%	2
39	AOP	30/10/2012	P	13	VII-A	75%	25%	0%	100%	0%	40%	2	0%	0%	0%	0%	0%	0%	1	75%	50%	100%	95%	50%	74%	2	0%	0%	0%	100%	0%	20%	2	0%	0%	0%	100%	0%	20%	2	64%	77%	72%	87%	100%	80%	2
40	RGLG	18/01/2013	L	13	VII-A	0%	25%	0%	95%	0%	24%	2	25%	25%	50%	95%	0%	39%	2	0%	0%	0%	100%	0%	20%	2	0%	25%	0%	50%	0%	15%	1	100%	100%	95%	50%	100%	89%	2	107%	109%	121%	125%	132%	119%	2
41	JLG	25/11/2012	L	13	VII-A	0%	25%	0%	75%	0%	20%	2	0%	0%	0%	25%	0%	5%	1	100%	100%	95%	50%	100%	89%	2	0%	50%	0%	95%	0%	29%	2	50%	25%	0%	100%	0%	35%	2	67%	80%	76%	92%	103%	84%	2
42	RHM	1/9/2012	P	12	VII-B	50%	25%	100%	75%	0%	50%	2	100%	100%	95%	50%	100%	89%	2	50%	25%	0%	100%	0%	35%	2	0%	0%	0%	0%	0%	0%	1	25%	25%	25%	25%	25%	25%	2	60%	67%	75%	85%	98%	77%	2
43	MSS	4/12/2012	p	12	VII-B	75%	50%	100%	95%	50%	74%	2	0%	75%	0%	95%	0%	34%	2	25%	25%	25%	25%	25%	25%	2	0%	0%	0%	95%	75%	34%	2	0%	0%	0%	0%	0%	0%	1	20%	24%	29%	35%	41%	30%	2
44	FHRP	7/11/2012	P	12	VII-B	0%	0%	0%	100%	0%	20%	2	0%	0%	0%	25%	0%	5%	1	0%	0%	0%	0%	0%	0%	1	75%	50%	25%	100%	0%	50%	2	0%	0%	0%	95%	75%	34%	2	81%	97%	97%	102%	115%	98%	2
45	GS	8/7/2013	P	11	VII-B	100%	100%	95%	50%	100%	89%	2	0%	0%	0%	95%	0%	19%	1	0%	0%	0%	95%	75%	34%	2	50%	100%	0%	25%	0%	35%	2	75%	50%	25%	100%	0%	50%	2	75%	85%	82%	98%	108%	90%	2
46	HSM	9/3/2013	P	11	VII-B	50%	25%	0%	100%	0%	35%	2	0%	0%	0%	75%	0%	15%	1	75%	50%	25%	100%	0%	50%	2	25%	75%	25%	25%	0%	30%	2	50%	100%	0%	25%	0%	35%	2	52%	62%	70%	84%	94%	72%	2
47	AS	30/12/2012	P	13	VII-B	25%	25%	25%	25%	25%	25%	2	0%	25%	75%	50%	25%	35%	2	50%	100%	0%	25%	0%	35%	2	75%	50%	25%	100%	25%	55%	2	25%	75%	25%	25%	0%	30%	2	56%	62%	70%	84%	94%	73%	2
48	YF	26/01/2013	L	13	VII-B	0%	0%	0%	0%	0%	0%	1	95%	95%	100%	100%	0%	78%	2	25%	75%	25%	25%	0%	30%	2	0%	0%	0%	95%	0%	19%	1	75%	50%	25%	100%	25%	53%	2	81%	92%	91%	104%	114%	96%	2
49	AJM	30/03/2013	L	13	VII-B	0%	0%	0%	95%	75%	34%	2	0%	100%	0%	100%	0%	40%	2	75%	50%	25%	100%	25%	55%	2	0%	25%	25%	95%	0%	29%	2	95%	50%	0%	95%	0%	48%	2	69%	82%	80%	98%	105%	86%	2
50	HNS	19/062013	L	13	VII-B	75%	50%	25%	100%	0%	50%	2	0%	50%	0%	95%	0%	29%	2	95%	50%	0%	95%	0%	48%	2	0%	100%	0%	100%	0%	40%	2	0%	0%	0%	95%	0%	19%	1	43%	51%	43%	51%	58%	49%	2
51	AP	01/082012	P	13	VII-B	50%	100%	0%	25%	0%	35%	2	0%	0%	0%	0%	0%	0%	1	0%	0%	0%	95%	0%	19%	1	0%	50%	0%	95%	0%	29%	2	0%	25%	25%	95%	0%	29%	2	70%	79%	76%	91%	103%	84%	2
52	JS	13/12/2012	P	13	VII-B	25%	75%	25%	25%	0%	30%	2	0%	0%	0%	100%	0%	20%	2	0%	25%	25%	95%	0%	29%	2	0%	0%	0%	0%	0%	0%	1	0%	100%	0%	100%	0%	40%	2	68%	82%	78%	94%	104%	85%	2
53	CLAS	1/8/2012	L	12	VII-B	75%	50%	25%	100%	25%	55%	2	0%	75%	100%	50%	0%	45%	2	0%	100%	0%	100%	0%	40%	2	0%	0%	0%	100%	0%	20%	2	0%	50%	0%	95%	0%	29%	2	65%	78%	74%	89%	101%	81%	2
54	ASS	21/01/2012	P	13	VII-C	95%	50%	0%	95%	0%	48%	2	25%	100%	0%	100%	100%	65%	2	0%	50%	0%	95%	0%	29%	2	0%	75%	100%	50%	0%	45%	2	0%	0%	0%	0%	0%	0%	1	20%	24%	29%	35%	41%	30%	2
55	CAP	3/4/2012	P	13	VII-C	0%	0%	0%	95%	0%	19%	1	0%	0%	0%	0%	0%	0%	1	0%	0%	0%	0%	0%	0%	1	25%	100%	0%	100%	100%	65%	2	50%	50%	75%	95%	0%	54%	2	85%	87%	85%	102%	112%	94%	2
56	ITS	9/11/2012	P	13	VII-C	0%	25%	25%	95%	0%	29%	2	25%	100%	0%	100%	100%	65%	2	0%	0%	0%	100%	0%	20%	2	25%	100%	0%	100%	100%	65%	2	95%	50%	0%	95%	0%	48%	2	69%	82%	80%	98%	105%	86%	2
57	NHS	5/12/2012	L	13	VII-C	0%	25%	100%	100%	0%	45%	2	0%	0%	0%	25%	0%	5%	1	0%	75%	100%	50%	0%	45%	2	0%	50%	0%	25%	0%	15%	1	0%	0%	0%	0%	0%	0%	1	20%	24%	29%	35%	41%	30%	2
58	QAS	30/06/2012	P	13	VII-C	0%	0%	0%	100%	0%	20%	2	50%	95%	25%	100%	0%	54%	2	25%	100%	0%	100%	100%	65%	2	0%	0%	0%	0%	0%	0%	1	0%	75%	0%	95%	0%	34%	2	66%	79%	76%	91%	102%	83%	2
59	RSLG	11/11/2013	L	12	VII-C	75%	25%	0%	100%	0%	40%	2	0%	0%	0%	95%	0%	19%	1	25%	100%	0%	100%	100%	65%	2	0%	0%	0%	0%	0%	0%	1	0%	0%	0%	100%	0%	20%	2	64%	77%	72%	87%	100%	80%	2
60	THG	14/07/2012	P	13	VII-C	0%	25%	0%	95%	0%	24%	2	0%	0%	0%	75%	0%	15%	1	0%	50%	0%	25%	0%	13%	1	0%	50%	95%	0%	100%	49%	2	0%	0%	0%	25%	0%	5%	1	26%	31%	32%	39%	46%	35%	2
61	WDM	25/01/2012	L	13	VII-C	0%	25%	0%	75%	0%	20%	2	0%	75%	0%	95%	0%	34%	2	0%	0%	0%	0%	0%	0%	1	0%	25%	0%	50%	0%	15%	1	25%	95%	0%	95%	100%	63%	2	92%	110%	113%	115%	126%	111%	2
62	ESHLG	16/01/2012	L	13	VII-C	50%	25%	100%	75%	0%	50%	2	75%	50%	25%	100%	0%	50%	1	0%	0%	0%	0%	0%	0%	1	50%	50%	75%	95%	0%	54%	2	0%	75%	100%	50%	0%	45%	2	79%	75%	80%	98%	106%	87%	2
63	ANJFLG	8/2/2013	L	12	VII-C	75%	50%	100%	95%	50%	74%	2	0%	0%	0%	100%	0%	20%	2	0%	50%	95%	0%	100%	49%	2	95%	50%	0%	95%	0%	48%	2	25%	100%	0%	100%	100%	65%	2	93%	112%	114%	117%	127%	112%	2
64	EYZ	7/9/2012	P	13	VII-C	0%	0%	0%	100%	0%	20%	2	0%	25%	0%	50%	0%	15%	1	50%	50%	100%	100%	0%	60%	2	0%	0%	0%	95%	0%	19%	1	25%	100%	0%	100%	100%	65%	2	93%	112%	114%	117%	127%	112%	2
65	JPP	23/09/2012	L	13	VII-C	100%	100%	95%	50%	100%	89%	2	0%	50%	0%	95%	0%	29%	2	0%	25%	50%	100%	25%	40%	2	0%	25%	25%	95%	0%	29%	2	0%	50%	0%	25%	0%	15%	1	28%	34%	35%	42%	48%	37%	2
66	LS	24/04/2013	P	12	VII-C	50%	25%	0%	100%	0%	35%	2	25%	95%	0%	95%	0%	43%	2	0%	0%	0%	25%	0%	5%	1	0%	25%	100%	100%	0%	45%	2	0%	0%	0%	0%	0%	0%	1	20%	24%	29%	35%	41%	30%	2
67	MPS	28/10/2012	L	13	VII-C	25%	25%	25%	25%	25%	25%	2	0%	50%	0%	75%	0%	25%	2	50%	95%	25%	100%	0%	54%	2	0%	0%	0%	100%	0%	20%	2	0%	0%	0%	0%	0%	0%	1	20%	24%	29%	35%	41%	30%	2

1. Sisa Makan Hari1

No	Nama	Tanggal Lahir	Jenis Kelamin	Usia	Kelas	Hari 1						
						Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori
1	DS	17/09/2011	P	14	14	50%	95%	25%	100%	0%	54%	2
2	JDP	14/03/2012	P	14	14	0%	0%	0%	95%	0%	19%	1
3	RCL	6/3/2012	L	14	14	0%	0%	0%	75%	0%	15%	1
4	MNP	22/10/2011	P	14	14	0%	75%	0%	95%	0%	34%	2
5	ASB	27/01/2012	P	14	14	75%	50%	25%	100%	0%	50%	2
6	KDP	29/97/2012	P	13	13	0%	0%	0%	100%	0%	20%	2
7	AA	10/3/2012	L	14	14	0%	25%	0%	50%	0%	15%	1
8	SS	27/04/2012	L	14	14	0%	50%	0%	95%	0%	29%	2
9	SCG	26/12/2011	P	14	14	25%	95%	0%	95%	0%	43%	2
10	FCP	20/12/2011	P	14	14	0%	50%	0%	75%	0%	25%	2
11	VDP	11/4/2012	L	14	14	95%	95%	100%	100%	0%	78%	2
12	FAP	2/9/2012	P	13	13	0%	100%	0%	100%	0%	40%	2
13	LWLG	16/03/2012	P	14	14	0%	50%	0%	95%	0%	29%	2
14	MSS	28/06/2026	L	14	14	0%	0%	0%	0%	0%	0%	1
15	ACLB	6/3/2012	P	14	14	0%	0%	0%	100%	0%	20%	2
16	WOFS	29/09/2012	P	13	13	0%	75%	100%	50%	0%	45%	2
17	JP	1/2/2012	P	14	14	25%	100%	0%	100%	100%	65%	2
18	EJS	14/07/2012	P	13	13	25%	100%	0%	100%	100%	65%	2
19	YVS	1/4/2012	P	14	14	0%	50%	0%	25%	0%	15%	1
20	RP	24/03/2012	L	14	14	0%	0%	0%	0%	0%	0%	1
21	MMS	8/10/2011	L	15	15	0%	0%	0%	0%	0%	0%	1
22	RH	17/7/2013	L	14	14	0%	50%	95%	0%	100%	49%	2
23	LGAM	26/07/2012	L	14	14	50%	50%	100%	100%	0%	60%	2
24	GGS	13/02/2012	L	14	14	0%	25%	50%	100%	25%	40%	2
25	KSS	12/5/2012	P	14	14	50%	25%	50%	50%	0%	35%	2
26	RHS	21/06/2012	L	14	14	25%	50%	50%	75%	100%	60%	2
27	SOS	27/02/2011	P	15	15	0%	25%	25%	100%	0%	30%	2
28	ZS	5/2/2012	P	14	14	0%	0%	25%	100%	100%	45%	2
29	RMS	22/03/2012	P	14	14	0%	0%	0%	50%	0%	10%	1
30	REP	13/06/2013	P	12	12	0%	0%	0%	95%	0%	19%	1
31	HBS	19/07/2013	P	12	12	25%	95%	0%	95%	100%	63%	2
32	ES	11/9/2012	P	12	12	0%	25%	0%	50%	0%	15%	1

32	ES	11/9/2012	P	12	12	0%	25%	0%	50%	0%	15%	1
33	HLP	16/06/2013	P	12	12	50%	50%	75%	95%	0%	54%	2
34	ALG	26/10/2012	P	12	12	95%	50%	0%	95%	0%	48%	2
35	RNSS	26/02/2012	P	13	13	0%	0%	0%	95%	0%	19%	1
36	ASB	8/5/2012	L	12	12	0%	25%	25%	95%	0%	29%	2
37	ROG	7/10/2012	L	13	13	0%	25%	100%	100%	0%	45%	2
38	AP	2/1/2012	P	13	13	0%	0%	0%	100%	0%	20%	2
39	AOP	30/10/2012	P	13	13	75%	25%	0%	100%	0%	40%	2
40	RGLG	18/01/2013	L	13	13	0%	25%	0%	95%	0%	24%	2
41	JLG	25/11/2012	L	13	13	0%	25%	0%	75%	0%	20%	2
42	RHM	1/9/2012	P	12	12	50%	25%	100%	75%	0%	50%	2
43	MSS	4/12/2012	p	12	12	75%	50%	100%	95%	50%	74%	2
44	FHRP	7/11/2012	P	12	12	0%	0%	0%	100%	0%	20%	2
45	GS	8/7/2013	P	11	11	100%	100%	95%	50%	100%	89%	2
46	HSM	9/3/2013	P	11	11	50%	25%	0%	100%	0%	35%	2
47	AS	30/12/2012	P	13	13	25%	25%	25%	25%	25%	25%	2
48	YF	26/01/2013	L	13	13	0%	0%	0%	0%	0%	0%	1
49	AJM	30/03/2013	L	13	13	0%	0%	0%	95%	75%	34%	2
50	HNS	19/062013	L	13	13	75%	50%	25%	100%	0%	50%	2
51	AP	01/082012	P	13	13	50%	100%	0%	25%	0%	35%	2
52	JS	13/12/2012	P	13	13	25%	75%	25%	25%	0%	30%	2
53	CLAS	1/8/2012	L	12	12	75%	50%	25%	100%	25%	55%	2
54	ASS	21/01/2012	P	13	13	95%	50%	0%	95%	0%	48%	2
55	CAP	3/4/2012	P	13	13	0%	0%	0%	95%	0%	19%	1
56	ITS	9/11/2012	P	13	13	0%	25%	25%	95%	0%	29%	2
57	NHS	5/12/2012	L	13	13	0%	25%	100%	100%	0%	45%	2
58	QAS	30/06/2012	P	13	13	0%	0%	0%	100%	0%	20%	2
59	RSLG	11/11/2013	L	12	12	75%	25%	0%	100%	0%	40%	2
60	THG	14/07/2012	P	13	13	0%	25%	0%	95%	0%	24%	2
61	WDM	25/01/2012	L	13	13	0%	25%	0%	75%	0%	20%	2
62	ESHLG	16/01/2012	L	13	13	50%	25%	100%	75%	0%	50%	2
63	ANJFLG	8/2/2013	L	12	12	75%	50%	100%	95%	50%	74%	2
64	EYZ	7/9/2012	P	13	13	0%	0%	0%	100%	0%	20%	2
65	JPP	23/09/2012	L	13	13	100%	100%	95%	50%	100%	89%	2
66	LS	24/04/2013	P	12	12	50%	25%	0%	100%	0%	35%	2
67	MPS	28/10/2012	L	13	13	25%	25%	25%	25%	25%	25%	2

2. Sisa Makana hari-2&3

Hari 2							Hari 3						
Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori	Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori
100%	100%	0%	0%	100%	60%	2	75%	50%	25%	100%	0%	50%	2
25%	25%	75%	95%	0%	44%	2	25%	0%	50%	100%	0%	35%	2
0%	0%	0%	100%	0%	20%	2	50%	50%	100%	100%	0%	60%	2
0%	0%	0%	25%	0%	5%	1	75%	50%	25%	100%	0%	50%	2
75%	50%	25%	100%	0%	50%	2	75%	75%	95%	100%	95%	88%	2
25%	0%	50%	100%	0%	35%	2	0%	25%	0%	75%	0%	20%	2
50%	50%	100%	100%	0%	60%	2	50%	50%	75%	95%	0%	54%	2
75%	50%	25%	100%	0%	50%	2	25%	25%	100%	0%	0%	30%	2
75%	75%	95%	100%	95%	88%	2	95%	95%	100%	100%	0%	78%	2
0%	25%	0%	75%	0%	20%	2	0%	0%	0%	0%	0%	0%	1
50%	50%	75%	95%	0%	54%	2	0%	0%	0%	50%	0%	10%	1
25%	25%	100%	0%	0%	30%	2	0%	0%	0%	95%	0%	19%	1
95%	95%	100%	100%	0%	78%	2	25%	95%	0%	95%	100%	63%	2
0%	0%	0%	0%	0%	0%	1	0%	25%	0%	50%	0%	15%	1
0%	0%	0%	50%	0%	10%	2	50%	50%	75%	95%	0%	54%	2
0%	0%	0%	95%	0%	19%	1	95%	50%	0%	95%	0%	48%	2
25%	95%	0%	95%	100%	63%	2	0%	0%	0%	95%	0%	19%	1
0%	25%	0%	50%	0%	15%	1	0%	25%	25%	95%	0%	29%	2
50%	50%	75%	95%	0%	54%	2	0%	25%	100%	100%	0%	45%	2
95%	50%	0%	95%	0%	48%	2	0%	0%	0%	100%	0%	20%	2
0%	0%	0%	95%	0%	19%	1	75%	25%	0%	100%	0%	40%	2
0%	25%	25%	95%	0%	29%	2	0%	25%	0%	95%	0%	24%	2
0%	25%	100%	100%	0%	45%	2	50%	50%	75%	95%	0%	54%	2
0%	0%	0%	100%	0%	20%	2	95%	50%	0%	95%	0%	48%	2
75%	25%	0%	100%	0%	40%	2	0%	0%	0%	0%	0%	0%	1
0%	25%	0%	95%	0%	24%	2	0%	75%	0%	95%	0%	34%	2
50%	50%	75%	95%	0%	54%	2	0%	0%	0%	100%	0%	20%	2
95%	50%	0%	95%	0%	48%	2	0%	0%	0%	25%	0%	5%	1
0%	0%	0%	0%	0%	0%	1	75%	50%	25%	100%	0%	50%	2
0%	75%	0%	95%	0%	34%	2	25%	0%	50%	100%	0%	35%	2
25%	25%	75%	95%	0%	44%	2	50%	50%	100%	100%	0%	60%	2
0%	0%	75%	75%	95%	49%	2	75%	50%	25%	100%	0%	50%	2

0%	0%	75%	75%	95%	49%	2	75%	50%	25%	100%	0%	50%	2
0%	0%	0%	100%	0%	20%	2	75%	75%	95%	100%	95%	88%	2
0%	95%	0%	100%	0%	39%	2	0%	25%	0%	75%	0%	20%	2
75%	50%	100%	95%	50%	74%	2	50%	50%	75%	95%	0%	54%	2
0%	25%	50%	100%	25%	40%	2	25%	25%	100%	0%	0%	30%	2
25%	25%	75%	95%	100%	64%	2	95%	95%	100%	100%	0%	78%	2
0%	0%	75%	100%	100%	55%	2	0%	0%	0%	0%	0%	0%	1
0%	0%	0%	0%	0%	0%	1	75%	50%	100%	95%	50%	74%	2
25%	25%	50%	95%	0%	39%	2	0%	0%	0%	100%	0%	20%	2
0%	0%	0%	25%	0%	5%	1	100%	100%	95%	50%	100%	89%	2
100%	100%	95%	50%	100%	89%	2	50%	25%	0%	100%	0%	35%	2
0%	75%	0%	95%	0%	34%	2	25%	25%	25%	25%	25%	25%	2
0%	0%	0%	25%	0%	5%	1	0%	0%	0%	0%	0%	0%	1
0%	0%	0%	95%	0%	19%	1	0%	0%	0%	95%	75%	34%	2
0%	0%	0%	75%	0%	15%	1	75%	50%	25%	100%	0%	50%	2
0%	25%	75%	50%	25%	35%	2	50%	100%	0%	25%	0%	35%	2
95%	95%	100%	100%	0%	78%	2	25%	75%	25%	25%	0%	30%	2
0%	100%	0%	100%	0%	40%	2	75%	50%	25%	100%	25%	55%	2
0%	50%	0%	95%	0%	29%	2	95%	50%	0%	95%	0%	48%	2
0%	0%	0%	0%	0%	0%	1	0%	0%	0%	95%	0%	19%	1
0%	0%	0%	100%	0%	20%	2	0%	25%	25%	95%	0%	29%	2
0%	75%	100%	50%	0%	45%	2	0%	100%	0%	100%	0%	40%	2
25%	100%	0%	100%	100%	65%	2	0%	50%	0%	95%	0%	29%	2
0%	0%	0%	0%	0%	0%	1	0%	0%	0%	0%	0%	0%	1
25%	100%	0%	100%	100%	65%	2	0%	0%	0%	100%	0%	20%	2
0%	0%	0%	25%	0%	5%	1	0%	75%	100%	50%	0%	45%	2
50%	95%	25%	100%	0%	54%	2	25%	100%	0%	100%	100%	65%	2
0%	0%	0%	95%	0%	19%	1	25%	100%	0%	100%	100%	65%	2
0%	0%	0%	75%	0%	15%	1	0%	50%	0%	25%	0%	15%	1
0%	75%	0%	95%	0%	34%	2	0%	0%	0%	0%	0%	0%	1
75%	50%	25%	100%	0%	50%	1	0%	0%	0%	0%	0%	0%	1
0%	0%	0%	100%	0%	20%	2	0%	50%	95%	0%	100%	49%	2
0%	25%	0%	50%	0%	15%	1	50%	50%	100%	100%	0%	60%	2
0%	50%	0%	95%	0%	29%	2	0%	25%	50%	100%	25%	40%	2
25%	95%	0%	95%	0%	43%	2	0%	0%	0%	25%	0%	5%	1
0%	50%	0%	75%	0%	25%	2	50%	95%	25%	100%	0%	54%	2

3. Sisa Makanan Hari-4&5

hari 4							hari 5						
Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori	Makanan pokok	Lauk hewani	Lauk Nabati	Sayur	Buah	Rata-Rata %	Kategori
0%	25%	0%	95%	0%	24%	2	75%	25%	0%	100%	0%	40%	2
95%	50%	0%	95%	0%	48%	2	0%	25%	0%	95%	0%	24%	2
0%	0%	0%	0%	0%	0%	1	50%	50%	75%	95%	0%	54%	2
0%	75%	0%	95%	0%	34%	2	95%	50%	0%	95%	0%	48%	2
0%	0%	0%	100%	0%	20%	2	0%	0%	0%	0%	0%	0%	1
0%	0%	0%	25%	0%	5%	1	0%	75%	0%	95%	0%	34%	2
75%	50%	25%	100%	0%	50%	2	0%	0%	0%	100%	0%	20%	2
25%	0%	50%	100%	0%	35%	2	0%	0%	0%	100%	0%	20%	2
50%	50%	100%	100%	0%	60%	2	0%	25%	0%	50%	0%	15%	1
75%	50%	25%	100%	0%	50%	2	0%	50%	0%	95%	0%	29%	2
75%	75%	95%	100%	95%	88%	2	25%	95%	0%	95%	0%	43%	2
0%	25%	0%	75%	0%	20%	2	0%	50%	0%	75%	0%	25%	2
50%	50%	75%	95%	0%	54%	2	95%	95%	100%	100%	0%	78%	2
25%	25%	100%	0%	0%	30%	2	0%	100%	0%	100%	0%	40%	2
95%	95%	100%	100%	0%	78%	2	0%	50%	0%	95%	0%	29%	2
0%	0%	0%	0%	0%	0%	1	0%	0%	0%	0%	0%	0%	1
50%	50%	75%	95%	0%	54%	2	0%	0%	0%	100%	0%	20%	2
95%	50%	0%	95%	0%	48%	2	0%	75%	100%	50%	0%	45%	2
0%	0%	0%	0%	0%	0%	1	25%	100%	0%	100%	100%	65%	2
0%	75%	0%	95%	0%	34%	2	0%	0%	0%	25%	0%	5%	1
0%	0%	0%	100%	0%	20%	2	25%	95%	0%	95%	100%	63%	2
0%	0%	0%	25%	0%	5%	1	0%	75%	100%	50%	0%	45%	2
25%	95%	0%	95%	100%	63%	2	25%	100%	0%	100%	100%	65%	2
0%	75%	100%	50%	0%	45%	2	25%	100%	0%	100%	100%	65%	2
25%	100%	0%	100%	100%	65%	2	0%	50%	0%	25%	0%	15%	1
25%	100%	0%	100%	100%	65%	2	0%	0%	0%	0%	0%	0%	1
0%	50%	0%	25%	0%	15%	1	0%	0%	0%	0%	0%	0%	1
0%	0%	0%	0%	0%	0%	1	0%	50%	95%	0%	100%	49%	2
0%	0%	0%	0%	0%	0%	1	50%	50%	100%	100%	0%	60%	2
0%	50%	95%	0%	100%	49%	2	0%	25%	50%	100%	25%	40%	2
50%	50%	100%	100%	0%	60%	2	0%	25%	0%	0%	0%	5%	1
0%	25%	50%	100%	25%	40%	2	25%	25%	0%	100%	25%	35%	2

0%	25%	50%	100%	25%	40%	2	25%	25%	0%	100%	25%	35%	2
0%	0%	0%	25%	0%	5%	1	0%	0%	0%	100%	0%	20%	2
50%	95%	25%	100%	0%	54%	2	50%	25%	100%	0%	100%	55%	2
0%	0%	0%	95%	0%	19%	1	95%	25%	0%	0%	0%	24%	2
0%	0%	0%	75%	0%	15%	1	0%	25%	0%	0%	100%	25%	2
0%	75%	0%	95%	0%	34%	2	0%	25%	0%	100%	100%	45%	2
75%	50%	25%	100%	0%	50%	2	0%	50%	95%	100%	0%	49%	2
0%	0%	0%	100%	0%	20%	2	0%	0%	0%	100%	0%	20%	2
0%	25%	0%	50%	0%	15%	1	100%	100%	95%	50%	100%	89%	2
0%	50%	0%	95%	0%	29%	2	50%	25%	0%	100%	0%	35%	2
0%	0%	0%	0%	0%	0%	1	25%	25%	25%	25%	25%	25%	2
0%	0%	0%	95%	75%	34%	2	0%	0%	0%	0%	0%	0%	1
75%	50%	25%	100%	0%	50%	2	0%	0%	0%	95%	75%	34%	2
50%	100%	0%	25%	0%	35%	2	75%	50%	25%	100%	0%	50%	2
25%	75%	25%	25%	0%	30%	2	50%	100%	0%	25%	0%	35%	2
75%	50%	25%	100%	25%	55%	2	25%	75%	25%	25%	0%	30%	2
0%	0%	0%	95%	0%	19%	1	75%	50%	25%	100%	25%	55%	2
0%	25%	25%	95%	0%	29%	2	95%	50%	0%	95%	0%	48%	2
0%	100%	0%	100%	0%	40%	2	0%	0%	0%	95%	0%	19%	1
0%	50%	0%	95%	0%	29%	2	0%	25%	25%	95%	0%	29%	2
0%	0%	0%	0%	0%	0%	1	0%	100%	0%	100%	0%	40%	2
0%	0%	0%	100%	0%	20%	2	0%	50%	0%	95%	0%	29%	2
0%	75%	100%	50%	0%	45%	2	0%	0%	0%	0%	0%	0%	1
25%	100%	0%	100%	100%	65%	2	50%	50%	75%	95%	0%	54%	2
25%	100%	0%	100%	100%	65%	2	95%	50%	0%	95%	0%	48%	2
0%	50%	0%	25%	0%	15%	1	0%	0%	0%	0%	0%	0%	1
0%	0%	0%	0%	0%	0%	1	0%	75%	0%	95%	0%	34%	2
0%	0%	0%	0%	0%	0%	1	0%	0%	0%	100%	0%	20%	2
0%	50%	95%	0%	100%	49%	2	0%	0%	0%	25%	0%	5%	1
0%	25%	0%	50%	0%	15%	1	25%	95%	0%	95%	100%	63%	2
50%	50%	75%	95%	0%	54%	2	0%	75%	100%	50%	0%	45%	2
95%	50%	0%	95%	0%	48%	2	25%	100%	0%	100%	100%	65%	2
0%	0%	0%	95%	0%	19%	1	25%	100%	0%	100%	100%	65%	2
0%	25%	25%	95%	0%	29%	2	0%	50%	0%	25%	0%	15%	1
0%	25%	100%	100%	0%	45%	2	0%	0%	0%	0%	0%	0%	1
0%	0%	0%	100%	0%	20%	2	0%	0%	0%	0%	0%	0%	1

4. Hasil Rata-Rata Hari 1-5

rata-rata						
Hari 1	Hari 2	Hari 3	Hari 4	Hari 5	hasil rata-rata	Kategori
68%	82%	78%	94%	104%	85%	2
64%	77%	73%	87%	100%	80%	3
85%	87%	85%	102%	112%	94%	3
69%	82%	80%	96%	105%	86%	3
20%	24%	29%	35%	41%	30%	2
66%	79%	76%	91%	102%	83%	3
64%	77%	72%	87%	100%	80%	3
64%	77%	72%	87%	100%	80%	3
33%	40%	38%	45%	51%	41%	3
65%	78%	74%	89%	101%	81%	3
68%	81%	78%	94%	104%	85%	3
60%	72%	71%	86%	98%	77%	3
96%	95%	94%	112%	119%	103%	3
68%	82%	78%	94%	104%	85%	3
65%	78%	74%	89%	101%	81%	3
20%	24%	29%	35%	41%	30%	2
64%	77%	72%	87%	100%	80%	3
79%	75%	80%	96%	106%	87%	3
93%	112%	114%	117%	127%	112%	3
26%	31%	32%	39%	46%	35%	2
92%	110%	113%	115%	126%	111%	3
79%	75%	80%	96%	106%	87%	3
93%	112%	114%	117%	127%	112%	3
93%	112%	114%	117%	127%	112%	3
28%	34%	35%	42%	48%	37%	2
20%	24%	29%	35%	41%	30%	2
20%	24%	29%	35%	41%	30%	2
89%	88%	105%	106%	118%	101%	3
92%	90%	88%	106%	115%	98%	3
83%	90%	88%	100%	112%	94%	3
21%	25%	30%	36%	43%	31%	2
72%	86%	84%	95%	107%	89%	3

72%	86%	84%	95%	107%	89%	3
64%	77%	72%	87%	100%	80%	3
91%	89%	107%	108%	119%	103%	3
45%	54%	65%	77%	88%	66%	3
65%	78%	94%	92%	106%	87%	3
89%	107%	108%	110%	123%	107%	3
89%	88%	85%	102%	113%	95%	3
64%	77%	72%	87%	100%	80%	3
107%	109%	121%	125%	132%	119%	3
67%	80%	76%	92%	103%	84%	3
60%	67%	75%	85%	98%	77%	3
20%	24%	29%	35%	41%	30%	2
81%	97%	97%	102%	115%	98%	3
75%	85%	82%	98%	108%	90%	3
52%	62%	70%	84%	94%	72%	3
56%	62%	70%	84%	94%	73%	3
81%	92%	91%	104%	114%	96%	3
69%	82%	80%	96%	105%	86%	3
43%	51%	43%	51%	58%	49%	3
70%	79%	76%	91%	103%	84%	3
68%	82%	78%	94%	104%	85%	3
65%	78%	74%	89%	101%	81%	3
20%	24%	29%	35%	41%	30%	2
85%	87%	85%	102%	112%	94%	3
69%	82%	80%	96%	105%	86%	3
20%	24%	29%	35%	41%	30%	2
66%	79%	76%	91%	102%	83%	3
64%	77%	72%	87%	100%	80%	3
26%	31%	32%	39%	46%	35%	2
92%	110%	113%	115%	126%	111%	3
79%	75%	80%	96%	106%	87%	3
93%	112%	114%	117%	127%	112%	3
93%	112%	114%	117%	127%	112%	3
28%	34%	35%	42%	48%	37%	2
20%	24%	29%	35%	41%	30%	2
20%	24%	29%	35%	41%	30%	2

Lampiran 9.Hasil SPSS

1) Umur

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	11	2	3.0	3.0	3.0
	12	13	19.4	19.4	22.4
	13	27	40.3	40.3	62.7
	14	23	34.3	34.3	97.0
	15	2	3.0	3.0	100.0
	Total	67	100.0	100.0	

2) Jenis Kelamin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-Laki	26	38.8	38.8	38.8
	Perempuan	41	61.2	61.2	100.0
	Total	67	100.0	100.0	

3) Kelas

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	VII-A	13	19.4	19.4	19.4
	VII-B	12	17.9	17.9	37.3
	VII-C	14	20.9	20.9	58.2
	VIII-A	10	14.9	14.9	73.1
	VIII-B	13	19.4	19.4	92.5
	VIII-C	5	7.5	7.5	100.0
	Total	67	100.0	100.0	

4) Daya Terima Remaja Program Makanan Bergizi Gratis
   a) Sisa H1

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tidak Bersisa	13	19.4	19.4	19.4
	Bersisa	54	80.6	80.6	100.0
	Total	67	100.0	100.0	

   b) Sisa H2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tidak Bersisa	18	26.9	26.9	26.9
	Bersisa	49	73.1	73.1	100.0
	Total	67	100.0	100.0	

   c) Sisa H3

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tidak Bersisa	15	22.4	22.4	22.4
	Bersisa	52	77.6	77.6	100.0
	Total	67	100.0	100.0	

   d) Sisa H4

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tidak Bersisa	20	29.9	29.9	29.9
	Bersisa	47	70.1	70.1	100.0
	Total	67	100.0	100.0	

e) Sisa H5

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tidak Bersisa	16	23.9	23.9	23.9
	Bersisa	51	76.1	76.1	100.0
	Total	67	100.0	100.0	

5) Hasil Rata-Rata Keseluruhan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Bersisa	67	100.0	100.0	100.0
	Total	67	100.0	100.0	

Lampiran 10.Bukti Bimbingan Tugas Akhir

Bukti Bimbingan KARYA TULIS ILMIAH

Nama : Giat Suryawan Tahir Gultom

Nim : P01031123063

Judul : Gambaran Daya Terima Remaja Terhadap Menu Dalam Kegiatan Program Makanan Bergizi Gratis Di UPT SMP N 1 DOLOKSANGGUL

Dosen Pembimbing : Dr. Oslida Martony, SKM, M.Kes

No	Tanggal	Topik bahasan	T. Tangan Mahasiswa	T.Tangan Pembimbing
1	Rabu, 21 Januari 2026	Penyerahkan surat kepada dosen pembimbing		
2	Kamis, 22 Januari 2026	Diskusi judul dan pengajuan judul		
3	Jumat, 23 Januari 2026	Pembahasan masalah yang terdapat pada judul		
4	Senin, 26 Januari 2026	Acc judul		
5	Rabu, 30 Januari 2026	Mengajukan bab 1 dan revisian		
6	Senin, 02 Februari 2026	Mengajukan bab 2 dan revisian kerangka konsep		
7	Jumat, 06 Februari 2026	Mengajukan bab 3 dan revisian		
8	Senin, 09 Februari 2026	Revisi kuesioner		
9	Kamis, 12 Februari 2026	Revisi Keseluruhan Proposal		
10	Jumat, 13 Februari 2026	Acc proposal		
11	Kamis, 26 Februari 2026	Seminar Proposal		
12	Selasa, 31 April 2026	Revisian/perbaikan usulan tugas dengan dosen pembimbing		

13	Jumat, 22 Juni 2026	Bimbingan bab IV dan V		
14	Senin, 25 Juni 2026	Revisi bab IV dan V		
15	Selasa, 26 Juni 2026	Acc BAB IV dan V		

Lampiran 11.Dokumentasi Survey Pendahuluan







Lampiran 12.Dokumentasi Penelitian

1) Dokumentasi Sisa Makanan Siswa
   a. Hari 1

Nama	Sebelum	Sesudah	Keterangan
FP			• Nasi • Ikan Teri + kacang sambal • Tempe goreng sambal • Santan daun ubi tumbuk • Buah Naga
LWLG			
ES			

b. Hari 2

Nama	Sebelum	Sesudah	Keterangan
FP			• Nasi • Ikan nilai Gulai • Tahu Goreng sambal • Wortel+ labu siam • Pisang
LWLG			
ES			

c. Hari 3

Nama	Sebelum	Sesudah	Keterangan
FP			• Nasi • Ayam Sambal Hijau • Tahu Sambal • Sawi + wortel • Semangka
LWLG			
ES			

d. Hari 4

Nama	Sebelum	Sesudah	Keterangan
FP			• Nasi • Telur Balado • Tempe goreng sambal • Tumis sawi putih & wortel • apple
LWLG			
ES			

e. Hari 5

Nama	Sebelum	Sesudah	Keterangan
FP			• Nasi • Semur Ayam • Semur tahu • Semur kentang • Semangka
LWLG			
ES			

2) Dokumentasi Saat Penelitian















3) Dokumentasi Para Siswa





