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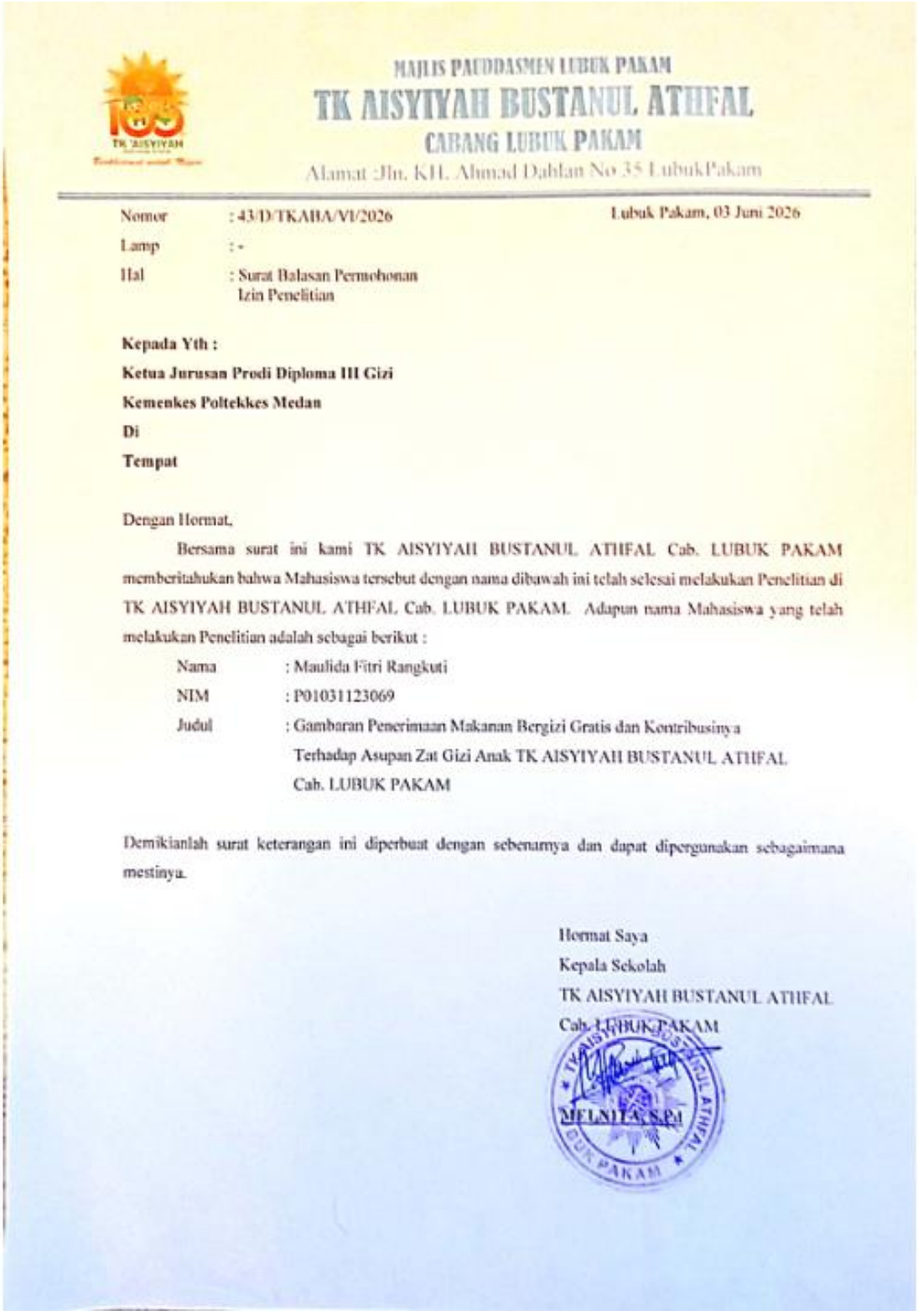
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# LAMPIRAN

## Lampiran 1. Surat Izin Penelitian



MAJLIS PAUDDASMEN LUBUK PAKAM

**TK AISYIYAH BUSTANUL ATHFAL**

**CABANG LUBUK PAKAM**

Alamat :Jln. KH. Ahmad Dahlan No 35 LubukPakam

Nomor : 43/D/TKABA/VI/2026 — Lubuk Pakam, 03 Juni 2026

Lamp : -

Hal : Surat Balasan Permohonan Izin Penelitian

**Kepada Yth :**

**Ketua Jurusan Prodi Diploma III Gizi**

**Kemenkes Poltekkes Medan**

**Di**

**Tempat**

Dengan Hormat,

Bersama surat ini kami TK AISYIYAH BUSTANUL ATHFAL Cab. LUBUK PAKAM memberitahukan bahwa Mahasiswa tersebut dengan nama dibawah ini telah selesai melakukan Penelitian di TK AISYIYAH BUSTANUL ATHFAL Cab. LUBUK PAKAM. Adapun nama Mahasiswa yang telah melakukan Penelitian adalah sebagai berikut :

Nama : Maulida Fitri Rangkuti

NIM : P01031123069

Judul : Gambaran Penerimaan Makanan Bergizi Gratis dan Kontribusinya Terhadap Asupan Zat Gizi Anak TK AISYIYAH BUSTANUL ATHFAL Cab. LUBUK PAKAM

Demikianlah surat keterangan ini diperbuat dengan sebenarnya dan dapat dipergunakan sebagaimana mestinya.

Hormat Saya

Kepala Sekolah

TK AISYIYAH BUSTANUL ATHFAL

Cab. LUBUK PAKAM

MELNITA, S.Pd

**Lampiran 2. Surat Keterangan Etical Clearence**

Kementerian Kesehatan
Poltekkes Medan
Komisi Etik Penelitian Kesehatan
Jalan Jamin Ginting KM. 13,5
Medan, Sumatera Utara 20137
(061) 8368633
https://poltekkes-medan.ac.id

**KETERANGAN LAYAK ETIK**
*DESCRIPTION OF ETHICAL EXEMPTION*
"ETHICAL EXEMPTION"

No.01.26.3467/KEPK/POLTEKKES KEMENKES MEDAN 2026

Protokol penelitian versi 1 yang diusulkan oleh :
*The research protocol proposed by*

Peneliti utama : Maulida Fitri Rangkuti
*Principal In Investigator*

Nama Institusi : Poltekkes Kemenkes Medan
*Name of the Institution*

Dengan judul:
*Title*

**"GAMBARAN PENERIMAAN MAKANAN BERGIZI GRATIS DAN KONTRIBUSINYA TERHADAP ASUPAN ZAT GIZI ANAK DI TK HOLISTIK INTEGRATIF AISYIYAH BUSTANUL ATHFAL CABANG LUBUK PAKAM"**

*"OVERVIEW OF FREE NUTRITIOUS FOOD RECEIPT AND ITS CONTRIBUTION TO CHILD NUTRIENT INTAKE AT AISYIYAH BUSTANUL ATHFAL INTEGRATIVE HOLISTIC KINDERGARTEN, LUBUK PAKAM BRANCH"*

Dinyatakan layak etik sesuai 7 (tujuh) Standar WHO 2011, yaitu 1) Nilai Sosial, 2) Nilai Ilmiah, 3) Pemerataan Beban dan Manfaat, 4) Risiko, 5) Bujukan/Eksploitasi, 6) Kerahasiaan dan Privacy, dan 7) Persetujuan Setelah Penjelasan, yang merujuk pada Pedoman CIOMS 2016. Hal ini seperti yang ditunjukkan oleh terpenuhinya indikator setiap standar.

*Declared to be ethically appropriate in accordance to 7 (seven) WHO 2011 Standards, 1) Social Values, 2) Scientific Values, 3) Equitable Assessment and Benefits, 4) Risks, 5) Persuasion/Exploitation, 6) Confidentiality and Privacy, and 7) Informed Concent, referring to the 2016 CIOMS Guidelines. This is as indicated by the fulfillment of the indicators of each standard.*

Pernyataan Laik Etik ini berlaku selama kurun waktu tanggal 10 Agustus 2026 sampai dengan tanggal 10 Agustus 2027.

*This declaration of ethics applies during the period August 10, 2026 until August 10, 2027.*

*August 10, 2026*
*Chairperson,*

Dr. Lestari Rahmah, MKT

**Lampiran 3. Bukti Bimbingan**

Nama : Maulida Fitri Rangkuti

NIM : P01031123069

Judul : Gambaran Penerimaan Makanan Bergizi Gratis Dan Kontribusinya Terhadap Asupan Zat Gizi di TK Holistik Integratif Aisyiyah Bustanul Athfal Cabang Lubuk Pakam

Dosen Pembimbing : Dr. Tetty Herta Doloksaribu,STP,MKM.

| No. | Tanggal | Topik Bimbingan | Tanda Tangan | |
|---|---|---|---|---|
| | | | Mahasiswa | Pembimbing |
| 1. | 19 Januari 2026 | Penyerahan surat bimbingan kepada dosen pembimbing | | |
| 2. | 20 Januari 2026 | Pengajuan beberapa topik yang akan diteliti | | |
| 3. | 28 Januari 2026 | Diskusi BAB I | | |
| 4. | 11 Februari 2026 | Diskusi BAB II mengenai definisi operasional | | |
| 5. | 13 Februari 2026 | Mendiskusikan mengenai variabel yang akan diteliti sesuai topik penelitian | | |
| 6. | 19 Februari 2026 | Mendiskusikan metode penelitian | | |
| 7. | 20 Februari 2026 | Mendiskusikan Penjajakan Lokasi penelitian | | |
| 8. | 24 Februari 2026 | Revisi BAB III | | |
| 9. | 26 Februari 2026 | Diskusi Teknik dan instrumen pengumpulan data | | |
| 10. | 02 Maret 2026 | Revisi daftar pustaka | | |
| 11. | 04 Maret 2026 | Acc Proposal | | |

| | | | | |
|---|---|---|---|---|
| 12. | 10 Maret 2026 | Ujian Seminar Proposal |  |  |
| 13. | 13 Maret 2026 | Revisiaan karya tulis ilmiah Bersama dosen pembimbing |  |  |
| 14. | 20 April 2026 | Revisi karya tulis ilmiah Bersama dosen penguji I & dosen penguji II |  |  |
| 15. | 27 April 2026 | Acc karya tulis ilmiah dengan dosen pembimbing |  |  |
| 16. | 08 Mei 2026 | Penelitian |  |  |
| 17. | 15 Juni 2026 | Revisian Bab IV dan V |  |  |
| 18. | 29 Juni 2026 | ACC Karya tulis ilmiah |  |  |
| 19. | 30 Juni 2026 | Revisi karya tulis ilmiah dosen pembimbing |  |  |
| 20. | 14 Juli 2026 | Revisi karya tulis ilmiah dosen penguji I |  |  |
| 21. | 28 Agustus 2026 | Revisi karya tulis ilmiah dosen penguji II |  |  |
| 22. | 24 September 2026 | Abstrak |  |  |
| 23. | 2 September 2026 | Turnitin |  |  |
| 24. | 05 Oktober 2026 | Jilid Lux |  |  |

**Lampiran 4. Informed Consent**

**SURAT PERNYATAAN BERSEDIA MENJADI SUBYEK PENELITIAN**

***(INFORMED CONSENT)***

Yang bertanda tangan dibawah ini, saya :

Nama : ALim Habibi Putra Siregar
Tempat, Tgl Lahir : Lubuk pakam 17 Juli 2020
Usia : 5 Tahun 10 Bulan
Alamat : Jln. Sukarno No. 1 Ppu. Lembar Pos
Kelas :

Bersedia dan mau menjadi Responden Penelitian dengan judul "Gambaran Penerimaan Makanan Bergizi Gratis Dan Kontribusinya Terhadap Asupan Zat Gizi Anak Di Tk Holistik Integratif Aisyiyah Bustanul Athfal Cabang Lubuk Pakam" yang dilakukan oleh :

Nama : Maulida Fitri Rangkuti
Nim : P01031123069
Alamat : Jati Sari , Kec. Lubuk Pakam. Kab. Deli Serdang
instansi : Poltekkes Kemenkes Medan Jurusan Gizi Program D-III

Demikian surat pernyataan ini saya perbuat dengan sesungguhnya tanpa ada paksaan dari siapapun.

Tanda Tangan Subyek

( Siti Khairuni )

Tanda Tangan Peneliti

( Maulida Fitri Rangkuti )

**Lampiran 5. Lembar Pengamatan**

**Lembar Pengamatan Porsi Menu Harian Anak TK HI Aisyiyah Bustanul Athfal Cabang Lubuk Pakam**

**A. Identitas Pengamatan**

| No | Komponen | Keterangan |
|---|---|---|
| 1. | Hari/Tanggal | 19 mei 2026 |
| 2. | Waktu Pengamatan | 08.20 - 11.00 |
| 3. | Jumlah Anak Hadir | 38 |
| 4. | Nama Pengamat | Maslida Fan Rangkuti |

**B. Porsi Menu Harian MBG**

| No | Kelompok pangan | Jenis Menu | Berat |
|---|---|---|---|
| 1. | Makanan Pokok | Nasi putih | 124 |
| 2. | Lauk Hewani | Sambal udang | 25 |
| 3. | Lauk Nabati | Semur Tahu | 19 |
| 4. | Sayuran | Sayur Bening | 19 |
| 5. | Buah | Pisang | 82 |
| 6. | Lainnya :<br>a.<br>b.<br>c. | | |

**Lampiran 6. Formulir Food Weighing**

Nama : Kifah Asyifa
Kelas : AL-Kafi
Jenis kelamin : P
Hari/Tanggal : 19/05/26

*Form Food Weighing*

| Nama Hidangan MBG | Berat (g) | | Bahan Makanan |
|---|---|---|---|
| | Awal | Sisa | |
| Nasi Putih | 124 | - | Beras |
| Sambal udang | 25 | - | udang, cabai |
| Semur Tahu | 19 | - | Tahu, kecap |
| Sayur Bening | 19 | 19 | wortel, Buncis, jagung |
| Pisang | P2 | - | pisang |

1. MBG : - Dibagikan pukul : 09.00
   - Dikomsumsi pukul : 10.00
2. Bekal : 1. Ada (2) Tidak Ada
   Jenis bekal :

**Lampiran 7.Formulir Food Recall**

Nama : Gibran
Nama Ibu : Vina

FORMULIR *FOOD RECALL* 24 JAM INDIVIDU

| Waktu Makan | Hidangan / Masakan | | | Keterangan |
|---|---|---|---|---|
| | Nama | URT | Estimasi (Gram) | |
| (1) | (2) | (3) | (4) | (5) |
| 07.30 | Nasi | 2 P | 100 gram | |
| | Telor dadar | 1 btr | 60 gram | |
| | | | | |
| Snack | buah pepaya anggur | 10 bh | 120 gram | |
| | | | | |
| 14.30 | Nasi Putih | 2P | 100 gram | |
| | Ikan nila goreng | 1 ekor kcl | 35 gram | |
| | sambal Tempe | 2pg sdg | 50 gram | |
| | Bening bayam (kuah) | | | |
| | | | | |
| 19.00 | Nasi Putih | 2V | 100 gram | |
| | Ikan nila goreng | 1 ekor kcl | 35 gram | |
| | sambal Tempe | 2pg sdg | 150 gram | |
| | | | | |
| 21.00 | Susu | 1 gelas | 200 ml | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

**Lampiran 8.Daftar Nama Anak TK HI Aisyiyah Bustanul Athfal Cabang Lubuk Pakam**

## DAFTAR NAMA ANAK TK HI AISYIYAH BUSTANUL ATHFAL CABANG LUBUK PAKAM

| No | Nama | JK | Tanggal Lahir |
|---|---|---|---|
| 1. | Kifah Al Shifa | P | 2020-04-16 |
| 2. | Syahira Filza Hanin | P | 2020-09-18 |
| 3. | Kayla Azahra Abdi | P | 2020-02-29 |
| 4. | Inayah Hanifa Rasyid Hasibuan | P | 2020-08-11 |
| 5. | Alim Habibti Putri Siregar | P | 2020-07-19 |
| 6. | Lashira Fayza Akifa | P | 2019-12-07 |
| 7. | Yasmin Nur Adhani Br Simbolon | P | 2020-08-08 |
| 8. | Mhd Abil Shiddiq Wijaya | L | 2019-08-29 |
| 9. | Faqih Hafizan | L | 2020-10-19 |
| 10. | Izzan Habibi Rahman | L | 2020-04-23 |
| 11. | Muhammad Afnan Alfatih | L | 2020-03-28 |
| 12. | Dimas Reza Syahputra Girsang | L | 2019-02-17 |
| 13. | Achmad Adya Surya | L | 2020-09-24 |
| 14. | Aizia Syahida Rynayra | P | 2020-07-01 |
| 15. | Aisyah Fiqihatun Nisa Manurung | P | 2019-03-01 |
| 15. | Emha Cati Bilang Pandai | L | 2019-12-20 |
| 16. | Faiz Rizqi Permana | L | 2019-12-13 |
| 17. | Febrian Alifiandra Prabowo | L | 2020-01-28 |
| 18. | Arroyan Dylan Alfarizqy | L | 2020-08-22 |
| 19. | Muhammad Arkana | L | 2020-01-04 |
| 20. | Gibran Abisatya Sentosa | L | 2020-07-09 |
| 21. | Kayla Khalisa | P | 2020-05-15 |
| 22. | Khanza Almayra Pulungan | P | 2019-12-18 |
| 23. | Hilwa Anindia Putri | P | 2020-03-02 |
| 24. | Dinda Chairisyah | P | 2019-12-27 |
| 25. | Ratu Humeera Isnalisa Harahap | P | 2020-09-21 |
| 26. | Arisya Jennaira | P | 2021-05-05 |
| 27. | Khalisa Aiza Rizkya | P | 2021-06-16 |
| 28. | Muhammad Naufal Albani | L | 2021-04-16 |
| 29. | Muara Estetika Nusantara | P | 2021-06-25 |
| 30. | Kifah Al Shifa | P | 2020-04-16 |
| 31. | Syahira Filza Hanin | P | 2020-09-18 |
| 32. | Kayla Azahra Abdi | P | 2020-02-29 |
| 33. | Inayah Hanifa Rasyid Hasibuan | P | 2020-08-11 |
| 34. | Alim Habibti Putri Siregar | P | 2020-07-19 |
| 30. | Lashira Fayza Akifa | P | 2019-12-07 |

## Lampiran 9. Master Tabel Penerimaan MBG

### a. Makanan Pokok

| ID | H1 Nasi Putih | | | H2 Nasi Putih | | | H3 Nasi Putih | | | H4 Nasi Putih | | | H5 (Nasi=136 g) | | | Rata-rata | | Kategori |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Berat / Porsi = 148 g | | | Berat / Porsi = 123 g | | | erat / Porsi = 107 | | | erat / Porsi = 124 | | | erat / Porsi = 124 g | | | | | |
| | BDD : 100 % | | | BDD : 100 % | | | BDD : 100 % | | | BDD : 100 % | | | BDD : 100 % | | | | | Penerimaan |
| | Sisa | | Dikonsu | Sisa | | Dikonsu | Sisa | | Dikons | Sisa | | Dikons | sisa | | Dikons | sisa | ikonsum | |
| | g | % | (%) | g | % | % | g | % | (%) | g | % | % | g | % | % | % | % | |
| S1 | 128 | 86% | 14% | 0 | 0% | 100% | 37 | 35% | 65% | 0 | 0% | 100% | 0 | 0% | 100% | 24% | 76% | Rendah |
| S9 | 100 | 68% | 32% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 14% | 86% | Tinggi |
| S14 | 94 | 64% | 36% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 13% | 87% | Tinggi |
| S10 | 93 | 63% | 37% | 0 | 0% | 100% | 92 | 86% | 14% | 0 | 0% | 100% | 0 | 0% | 100% | 30% | 70% | Rendah |
| S22 | 87 | 59% | 41% | 79 | 64% | 36% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 25% | 75% | Rendah |
| S15 | 45 | 30% | 70% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 6% | 94% | Tinggi |
| S16 | 45 | 30% | 70% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 68 | 50% | 50% | 16% | 84% | Tinggi |
| S21 | 45 | 30% | 70% | 20 | 16% | 84% | 0 | 0% | 100% | 0 | 0% | 100% | 21 | 15% | 85% | 12% | 88% | Tinggi |
| S20 | 26 | 18% | 82% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 4% | 96% | Tinggi |
| S26 | 25 | 17% | 83% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 3% | 97% | Tinggi |
| S17 | 3 | 2% | 98% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 16 | 12% | 88% | 3% | 97% | Tinggi |
| S2 | 0 | 0% | 100% | 0 | 0% | 100% | 54 | 50% | 50% | 0 | 0% | 100% | 0 | 0% | 100% | 10% | 90% | Tinggi |
| S3 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S4 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S5 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S6 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S7 | 0 | 0% | 100% | 13 | 11% | 89% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 2% | 98% | Tinggi |
| S8 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S11 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S12 | 0 | 0% | 100% | 37 | 30% | 70% | 23 | 21% | 79% | 0 | 0% | 100% | 0 | 0% | 100% | 10% | 90% | Tinggi |
| S13 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S18 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S19 | 0 | 0% | 100% | 0 | 0% | 100% | 26 | 24% | 76% | 0 | 0% | 100% | 64 | 47% | 53% | 14% | 86% | Tinggi |
| S23 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S24 | 0 | 0% | 100% | 5 | 4% | 96% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 1% | 99% | Tinggi |
| S25 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S27 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S28 | 0 | 0% | 100% | 9 | 7% | 93% | 12 | 11% | 89% | 0 | 0% | 100% | 13 | 10% | 90% | 6% | 94% | Tinggi |
| S29 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S30 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| Rata-Rata | 23 | 16% | 84% | 5 | 4% | 96% | 8 | 8% | 92% | 0 | 0% | 100% | 6 | 4% | 96% | 6% | 94% | |

## b. Lauk Hewani

| ID | H1 Daging Ayam Crispy | | | H2 Rendang Sapi | | | H3 Ikan Kembung Balado | | | | | H4 Udang Balado | | | | | H5 Daging Ayam Gula | | | Rata-rata | | Kategori |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Berat / Porsi = 35 g | | | Berat / Porsi = 48 g | | | Berat / Porsi = 44 g | | | | | Berat / Porsi = 25 g | | | | | Berat / Porsi = 62 g | | | | | |
| | BDD : 100 % *) | | | BDD : 100 % *) | | | BDD : 80% (BB:35,2) | | | | | BDD : 68% (BB:17) | | | | | BDD :100 % *) | | | | | |
| | Sisa | | Dikonsumsi | Sisa | | Dikonsumsi | Sisa | | | | Dikonsumsi | Sisa | | | | Dikonsumsi | sisa | | Dikonsumsi | sisa | Dikons | enerimaa |
| | g | % | (%) | g | % | % | g | BB | % | g | (%) | g | BB | % | g | % | g | % | % | % | % | |
| S1 | 35 | 100% | 0% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S2 | 0 | 0% | 100% | 0 | 0% | 100% | 44 | 35 | 100% | 0 | 0% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S3 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 18 | 12 | 72% | 5 | 28% | 0 | 0% | 100% | 14% | 86% | Tinggi |
| S4 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S5 | 0 | 0% | 100% | 0 | 0% | 100% | 44 | 35 | 100% | 0 | 0% | 25 | 17 | 100% | 0 | 0% | 0 | 0% | 100% | 40% | 60% | Rendah |
| S6 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S7 | 0 | 0% | 100% | 11 | 23% | 77% | 35 | 28 | 80% | 7 | 20% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S8 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S9 | 35 | 100% | 0% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 25 | 17 | 100% | 0 | 0% | 0 | 0% | 100% | 40% | 60% | Rendah |
| S10 | 0 | 0% | 100% | 0 | 0% | 100% | 16 | 13 | 36% | 22 | 64% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 7% | 93% | Tinggi |
| S11 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 25 | 17 | 100% | 0 | 0% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S12 | 0 | 0% | 100% | 0 | 0% | 100% | 44 | 35 | 100% | 0 | 0% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S13 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 20 | 32% | 68% | 6% | 94% | Tinggi |
| S14 | 35 | 100% | 0% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S15 | 0 | 0% | 100% | 0 | 0% | 100% | 44 | 35 | 100% | 0 | 0% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S16 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S17 | 0 | 0% | 100% | 0 | 0% | 100% | 31 | 25 | 70% | 10 | 30% | 0 | 0 | 0% | 17 | 100% | 62 | #### | 0% | 34% | 66% | Rendah |
| S18 | 0 | 0% | 100% | 0 | 0% | 100% | 44 | 35 | 100% | 0 | 0% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S19 | 35 | 100% | 0% | 17 | 35% | 65% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 27% | 73% | Rendah |
| S20 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 20 | 32% | 68% | 6% | 94% | Tinggi |
| S21 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 43 | 69% | 31% | 14% | 86% | Tinggi |
| S22 | 35 | 100% | 0% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S23 | 0 | 0% | 100% | 0 | 0% | 100% | 44 | 35 | 100% | 0 | 0% | 0 | 0 | 0% | 17 | 100% | 37 | 60% | 40% | 32% | 68% | Rendah |
| S24 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S25 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 29 | 47% | 53% | 9% | 91% | Tinggi |
| S26 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S27 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S28 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S29 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 17 | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S30 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0 | 0% | 35 | 100% | 12 | 8 | 48% | 9 | 52% | 0 | 0% | 100% | 10% | 90% | Tinggi |
| Rata-Rata | 6 | 17% | 83% | 1 | 2% | 98% | 12 | | 26% | | 74% | 4 | | 14% | | 86% | 7 | 11% | 89% | 14% | 86% | |

## c. Lauk Nabati

| ID | H1 Tumis Tempe | | | H2 Balado Tempe | | | H3 Orek Tempe | | | H4 Semur Tahu | | | H5 Tahu Balado | | | Rata-rata | | Kategori |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Berat / Porsi = 32 g | | | Berat / Porsi = 27 g | | | Berat / Porsi = 13 g | | | Berat / Porsi = 19 g | | | Berat / Porsi = 14 g | | | | | |
| | BDD : 100 % *) | | | BDD : 100 % *) | | | BDD : 100 % *) | | | BDD : 100 % *) | | | BDD : 100 % *) | | | | | Penerimaan |
| | Sisa | | Dikonsumsi | Sisa | | Dikonsumsi | Sisa | | Dikonsumsi | Sisa | | Dikonsumsi | sisa | | Dikonsumsi | rata rata | Dikonsumsi | |
| | g | % | (%) | g | % | (%) | g | % | (%) | g | % | % | g | % | % | sisa | % | |
| S1 | 32 | 100% | 0% | 22 | 81% | 19% | 13 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | % | 44% | Rendah |
| S2 | 22 | 69% | 31% | 0 | 0% | 100% | 13 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 56% | 66% | Rendah |
| S3 | 0 | 0% | 100% | 22 | 81% | 19% | 10 | 77% | 23% | 0 | 0% | 100% | 0 | 0% | 100% | 34% | 68% | Rendah |
| S4 | 0 | 0% | 100% | 24 | 89% | 11% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 32% | 82% | Tinggi |
| S5 | 0 | 0% | 100% | 0 | 0% | 100% | 7 | 54% | 46% | 0 | 0% | 100% | 13 | 93% | 7% | 18% | 71% | Rendah |
| S6 | 12 | 38% | 63% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 29% | 93% | Tinggi |
| S7 | 22 | 69% | 31% | 0 | 0% | 100% | 13 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 8% | 66% | Rendah |
| S8 | 0 | 0% | 100% | 27 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 34% | 80% | Tinggi |
| S9 | 0 | 0% | 100% | 20 | 74% | 26% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 20% | 85% | Tinggi |
| S10 | 22 | 69% | 31% | 27 | 100% | 0% | 12 | 92% | 8% | 0 | 0% | 100% | 0 | 0% | 100% | 15% | 48% | Rendah |
| S11 | 0 | 0% | 100% | 27 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 52% | 80% | Tinggi |
| S12 | 0 | 0% | 100% | 0 | 0% | 100% | 13 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S13 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 20% | 100% | Tinggi |
| S14 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S15 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S16 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S17 | 0 | 0% | 100% | 0 | 0% | 100% | 7 | 54% | 46% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 89% | Tinggi |
| S18 | 15 | 47% | 53% | 0 | 0% | 100% | 13 | 100% | 0% | 0 | 0% | 100% | 10 | 71% | 29% | 11% | 56% | Rendah |
| S19 | 32 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 44% | 80% | Tinggi |
| S20 | 19 | 59% | 41% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 20% | 88% | Tinggi |
| S21 | 0 | 0% | 100% | 0 | 0% | 100% | 5 | 38% | 62% | 0 | 0% | 100% | 0 | 0% | 100% | 12% | 92% | Tinggi |
| S22 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 12 | 86% | 14% | 8% | 83% | Tinggi |
| S23 | 0 | 0% | 100% | 12 | 44% | 56% | 0 | 0% | 100% | 0 | 0% | 100% | 14 | 100% | 0% | 17% | 71% | Rendah |
| S24 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 29% | 100% | Tinggi |
| S25 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 14 | 100% | 0% | 0% | 80% | Tinggi |
| S26 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 20% | 100% | Tinggi |
| S27 | 0 | 0% | 100% | 20 | 74% | 26% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 85% | Tinggi |
| S28 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 15% | 100% | Tinggi |
| S29 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S30 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| Rat | 6 | 18% | 82% | 7 | 25% | 75% | 4 | 27% | 73% | 0 | 0% | 100% | 2 | 15% | 85% | 0% | 83% | |

## d. Sayuran

| ID | H1 Tumis Buncis + Wortel | | | H2 Mentimun | | | H3 Tumis Sayur | | | H4 Sayur Bening | | | H5 Tumis Sayur | | | Rata-rata | | Kategori |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Berat / Porsi = 32 g | | | Berat / Porsi = 29 g | | | Berat / Porsi = 11 g | | | Berat / Porsi = 19 g | | | Berat / Porsi = 11 g | | | | | Penerimaan |
| | BDD : 100 % *) | | | BDD : 100 % *) | | | BDD : 100 % *) | | | BDD : 100 % *) | | | BDD : 100 % *) | | | | | |
| | Sisa | | Dikonsumsi | Sisa | | Dikonsumsi | Sisa | | Dikonsumsi | Sisa | | Dikonsumsi | sisa | | Dikonsumsi | sisa | Dikonsumsi | |
| | g | % | (%) | g | % | % | g | % | (%) | g | % | % | g | % | % | % | % | |
| S1 | 32 | 100% | 0% | 22 | 76% | 24% | 8 | 73% | 27% | 19 | 100% | 0% | 0 | 0% | 100% | 70% | 30% | Rendah |
| S2 | 22 | 69% | 31% | 0 | 0% | 100% | 11 | 100% | 0% | 19 | 100% | 0% | 11 | 100% | 0% | 74% | 26% | Rendah |
| S3 | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S4 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S5 | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S6 | 12 | 38% | 63% | 0 | 0% | 100% | 11 | 100% | 0% | 19 | 100% | 0% | 11 | 100% | 0% | 68% | 33% | Rendah |
| S7 | 22 | 69% | 31% | 0 | 0% | 100% | 11 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 34% | 66% | Rendah |
| S8 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 20% | 80% | Tinggi |
| S9 | 0 | 0% | 100% | 20 | 69% | 31% | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 34% | 66% | Rendah |
| S10 | 22 | 69% | 31% | 0 | 0% | 100% | 11 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 34% | 66% | Rendah |
| S11 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 9 | 82% | 18% | 16% | 84% | Tinggi |
| S12 | 0 | 0% | 100% | 20 | 69% | 31% | 11 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 34% | 66% | Rendah |
| S13 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 20% | 80% | Tinggi |
| S14 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S15 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S16 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 20% | 80% | Tinggi |
| S17 | 0 | 0% | 100% | 29 | 100% | 0% | 11 | 100% | 0% | 0 | 0% | 100% | 8 | 73% | 27% | 55% | 45% | Rendah |
| S18 | 15 | 47% | 53% | 22 | 76% | 24% | 11 | 100% | 0% | 19 | 100% | 0% | 10 | 91% | 9% | 83% | 17% | Rendah |
| S19 | 32 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 20% | 80% | Tinggi |
| S20 | 19 | 59% | 41% | 29 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 52% | 48% | Rendah |
| S21 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S22 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S23 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0% | 100% | Tinggi |
| S24 | 0 | 0% | 100% | 2 | 7% | 93% | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 21% | 79% | Rendah |
| S25 | 0 | 0% | 100% | 24 | 83% | 17% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 17% | 83% | Tinggi |
| S26 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 16 | 84% | 16% | 11 | 100% | 0% | 37% | 63% | Rendah |
| S27 | 0 | 0% | 100% | 29 | 100% | 0% | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 40% | 60% | Rendah |
| S28 | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 11 | 58% | 42% | 0 | 0% | 100% | 32% | 68% | Rendah |
| S29 | 0 | 0% | 100% | 0 | 0% | 100% | 10 | 91% | 9% | 6 | 32% | 68% | 0 | 0% | 100% | 24% | 76% | Rendah |
| S30 | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 0 | 0% | 100% | 11 | 100% | 0% | 20% | 80% | Tinggi |
| Rata | 6 | 18% | 82% | 7 | 23% | 77% | 4 | 39% | 61% | 4 | 19% | 81% | 5 | 45% | 55% | 29% | 71% | |

## e. Buah Buahan

| ID | H1 Kelengkeng | | | | | H2 Kelengkeng | | | | | H3 Jeruk | | | | | H4 Pisang | | | | | H5 Pisang | | | | | Rata Rata | | Kategori |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Berat / Porsi = 28 g | | | | | Berat / Porsi = 29 g | | | | | Berat / Porsi = 48 g | | | | | Berat / Porsi = 56 g | | | | | Berat / Porsi = 80 g | | | | | | | |
| | BDD : 40% (BB:11.2) | | | | | BDD : 40 % (BB: 11.6) | | | | | BDD : 72 % (BB:34.5) | | | | | BDD : 75 % (BB:42) | | | | | BDD : 75 % (BB:60) | | | | | | | Penerimaan |
| | Sisa | | | | Dikonsumsi | Sisa | | | | Dikonsumsi | Sisa | | | | Dikonsumsi | Sisa | | | | Dikonsumsi | sisa | | | | Dikonsumsi | sisa | Dikonsumsi | |
| | g | BB | % | g | (%) | g | BB | % | g | % | g | BB | % | g | (%) | g | BB | % | g | % | g | BB | % | g | % | % | % | |
| S1 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S2 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S3 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S4 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S5 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S6 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S7 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S8 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 64 | 48 | 80% | 4 | 20% | 16% | 84% | Tinggi |
| S9 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S10 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S11 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S12 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S13 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S14 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S15 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S16 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S17 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S18 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S19 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S20 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S21 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S22 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S23 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S24 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S25 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S26 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S27 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S28 | 0 | 0 | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S29 | 0 | | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| S30 | 0 | | 0% | 11 | 100% | 0 | 0 | 0% | 12 | 100% | 0 | 0 | 0% | 35 | 100% | 0 | 0 | 0% | 42 | 100% | 0 | 0 | 0% | 60 | 100% | 0% | 100% | Tinggi |
| Rata-Rata | 0 | | 0% | | 100% | 0 | | 0% | | 100% | 0 | | 0% | | 100% | 0 | | 0% | | 100% | 2 | | 3% | | 97% | 1% | 99% | |

## Lampiran 10. Master Tabel Food Recall 2 x 24 Jam

| ID | AKG | | | | Asupan Energi | | | | | Asupan Protein | | | | | Asupan Lemak | | | | | Asupan Karbohidrat | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | E (kkal) | P (Gram) | L (Gram) | KH (Gram) | H1 | H2 | Rata-Rata | %AKG | Kategori | H1 | H2 | Rata-Rata | %AKG | Kategori | H1 | H2 | Rata-Rata | %AKG | Kategori | H1 | H2 | Rata-Rata | %AKG | Kategori |
| S1 | 1400 | 25 | 50 | 220 | 843.9 | 1425 | 1134.45 | 81% | defisit ringan | 35.3 | 46 | 40.65 | 163% | lebih | 18.6 | 48 | 33.3 | 67% | defisit berat | 128 | 180 | 154 | 70% | defisit sedang |
| S2 | 1400 | 25 | 50 | 220 | 573.9 | 645.6 | 609.75 | 44% | defisit berat | 24.3 | 16.3 | 20.3 | 81% | defisit ringan | 15.5 | 22.9 | 19.2 | 38% | defisit berat | 81.2 | 94.4 | 87.8 | 40% | defisit berat |
| S3 | 1400 | 25 | 50 | 220 | 789.2 | 826.2 | 807.7 | 58% | defisit berat | 30.4 | 36.1 | 33.25 | 133% | lebih | 44 | 47.3 | 45.65 | 91% | normal | 66 | 65.1 | 65.55 | 30% | defisit berat |
| S4 | 1400 | 25 | 50 | 220 | 729 | 904.6 | 816.8 | 58% | defisit berat | 31.6 | 24.6 | 28.1 | 112% | normal | 25.4 | 39.2 | 32.3 | 65% | defisit berat | 90.1 | 112.4 | 101.25 | 46% | defisit berat |
| S5 | 1400 | 25 | 50 | 220 | 853 | 859.6 | 856.3 | 61% | defisit berat | 30.4 | 36.5 | 33.45 | 134% | lebih | 34.3 | 33.6 | 33.95 | 68% | defisit berat | 101.5 | 98.6 | 100.05 | 45% | defisit berat |
| S6 | 1650 | 40 | 55 | 250 | 740.7 | 738 | 739.35 | 45% | defisit berat | 32 | 27.1 | 29.55 | 74% | normal | 30 | 21.8 | 25.9 | 47% | defisit berat | 82.1 | 105 | 93.55 | 37% | defisit berat |
| S7 | 1400 | 25 | 50 | 220 | 750.6 | 774 | 762.3 | 54% | defisit berat | 30.3 | 29.5 | 29.9 | 120% | normal | 26 | 28 | 27 | 54% | defisit berat | 94.1 | 98.2 | 96.15 | 44% | defisit berat |
| S8 | 1650 | 40 | 55 | 250 | 1023 | 1228 | 1125.5 | 68% | defisit ringan | 44.1 | 39.4 | 41.75 | 104% | lebih | 32.9 | 34.8 | 33.85 | 62% | defisit berat | 132.9 | 160.5 | 146.7 | 59% | defisit berat |
| S9 | 1400 | 25 | 50 | 220 | 1505 | 1627 | 1566 | 112% | normal | 48 | 61.5 | 54.75 | 219% | lebih | 41 | 51.2 | 46.1 | 92% | normal | 233 | 228 | 230.5 | 105% | normal |
| S10 | 1400 | 25 | 50 | 220 | 859.8 | 777.6 | 818.7 | 58% | defisit berat | 43.1 | 26 | 34.55 | 138% | lebih | 36.1 | 25.8 | 30.95 | 62% | defisit berat | 90.2 | 109 | 99.6 | 45% | defisit berat |
| S11 | 1400 | 25 | 50 | 220 | 532.9 | 1019 | 775.95 | 55% | defisit berat | 17.5 | 45 | 31.25 | 125% | lebih | 12 | 37 | 24.5 | 49% | defisit berat | 88 | 150 | 119 | 54% | defisit berat |
| S12 | 1650 | 40 | 55 | 250 | 1168 | 806 | 987 | 60% | defisit sedang | 34 | 34.5 | 34.25 | 86% | lebih | 26 | 34.4 | 30.2 | 55% | defisit berat | 198 | 105 | 151.5 | 61% | defisit berat |
| S13 | 1400 | 25 | 50 | 220 | 741 | 996.9 | 868.95 | 62% | defisit berat | 28.7 | 22.9 | 25.8 | 103% | normal | 35.4 | 49 | 42.2 | 84% | defisit ringan | 74.7 | 115.3 | 95 | 43% | defisit berat |
| S14 | 1400 | 25 | 50 | 220 | 785 | 992.2 | 888.6 | 63% | defisit berat | 28.7 | 49 | 38.85 | 155% | lebih | 27.4 | 39.8 | 33.6 | 67% | defisit berat | 104.3 | 107.7 | 106 | 48% | defisit berat |
| S15 | 1400 | 25 | 50 | 220 | 793 | 992.6 | 892.8 | 64% | defisit berat | 22.4 | 38.8 | 30.6 | 122% | lebih | 30.3 | 33.2 | 31.75 | 64% | defisit berat | 108 | 130.4 | 119.2 | 54% | defisit berat |
| S16 | 1650 | 40 | 55 | 250 | 877.7 | 1373 | 1125.35 | 68% | defisit ringan | 40.5 | 43.6 | 42.05 | 105% | lebih | 35.7 | 60.5 | 48.1 | 87% | normal | 98.8 | 161.9 | 130.35 | 52% | defisit berat |
| S17 | 1650 | 40 | 55 | 250 | 1014 | 1027 | 1020.5 | 62% | defisit sedang | 42.3 | 31.6 | 36.95 | 92% | lebih | 20.1 | 33.9 | 27 | 49% | defisit berat | 160.8 | 149 | 154.9 | 62% | defisit sedang |
| S18 | 1650 | 40 | 55 | 250 | 602.2 | 1273 | 937.6 | 57% | defisit berat | 21.8 | 42.7 | 32.25 | 81% | lebih | 16.9 | 52.6 | 34.75 | 63% | defisit sedang | 87.4 | 154 | 120.7 | 48% | defisit berat |
| S19 | 1400 | 25 | 50 | 220 | 874 | 825.7 | 849.85 | 61% | defisit berat | 38.3 | 34.3 | 36.3 | 145% | lebih | 30.7 | 34.8 | 32.75 | 66% | defisit berat | 108.5 | 98.4 | 103.45 | 47% | defisit berat |
| S20 | 1400 | 25 | 50 | 220 | 982.9 | 786.9 | 884.9 | 63% | defisit berat | 53 | 18.3 | 35.65 | 143% | lebih | 31 | 18.8 | 24.9 | 50% | defisit berat | 119 | 135 | 127 | 58% | defisit berat |
| S21 | 1400 | 25 | 50 | 220 | 1019 | 1083 | 1051 | 75% | defisit sedang | 56 | 48.7 | 52.35 | 209% | lebih | 68 | 45.5 | 56.75 | 114% | normal | 250 | 122.4 | 186.2 | 85% | defisit ringan |
| S22 | 1400 | 25 | 50 | 220 | 1055 | 957 | 1006 | 72% | defisit sedang | 43.5 | 39.4 | 41.45 | 166% | lebih | 32.6 | 32 | 32.3 | 65% | defisit berat | 143 | 125.5 | 134.25 | 61% | defisit berat |
| S23 | 1650 | 40 | 55 | 250 | 925 | 893 | 909 | 55% | defisit berat | 24.9 | 24.8 | 24.85 | 62% | normal | 45 | 44.5 | 44.75 | 81% | normal | 104 | 95.9 | 99.95 | 40% | defisit berat |
| S24 | 1400 | 25 | 50 | 220 | 1523 | 904 | 1213.5 | 87% | defisit ringan | 51 | 24.6 | 37.8 | 151% | lebih | 37 | 39 | 38 | 76% | defisit sedang | 243 | 112 | 177.5 | 81% | defisit ringan |
| S25 | 1650 | 40 | 55 | 250 | 1216.9 | 1002 | 1109.45 | 67% | defisit sedang | 57.4 | 36.9 | 47.15 | 118% | lebih | 35.4 | 56.8 | 46.1 | 84% | normal | 166 | 85.6 | 125.8 | 50% | defisit berat |
| S26 | 1400 | 25 | 50 | 220 | 999.1 | 1032 | 1015.55 | 73% | defisit sedang | 42.6 | 20 | 31.3 | 125% | lebih | 42.7 | 60 | 51.35 | 103% | normal | 108.5 | 102 | 105.25 | 48% | defisit berat |
| S27 | 1400 | 25 | 50 | 220 | 701 | 842 | 771.5 | 55% | defisit berat | 11 | 37.5 | 24.25 | 97% | normal | 12.7 | 16.5 | 14.6 | 29% | defisit berat | 133.2 | 136.4 | 134.8 | 61% | defisit berat |
| S28 | 1400 | 25 | 50 | 220 | 1055 | 868 | 961.5 | 69% | defisit berat | 43 | 38 | 40.5 | 162% | lebih | 32 | 39 | 35.5 | 71% | defisit sedang | 143 | 86 | 114.5 | 52% | defisit berat |
| S29 | 1400 | 25 | 50 | 220 | 941 | 804.5 | 872.75 | 62% | defisit berat | 33.4 | 25.7 | 29.55 | 118% | normal | 42 | 22 | 32 | 64% | defisit berat | 103.7 | 127.4 | 115.55 | 53% | defisit berat |
| S30 | 1400 | 25 | 50 | 220 | 1046 | 1373 | 1209.5 | 86% | defisit ringan | 50 | 43.6 | 46.8 | 187% | lebih | 47 | 60 | 53.5 | 107% | normal | 107.3 | 161 | 134.15 | 61% | defisit berat |

## Lampiran 11. Master Tabel Rata Rata Presentase Kontribusi MBG Terhadap AKG

| ID | AKG | | | | Kandungan Zat Gizi MBG H1 | | | | Kontribusi MBG Terhadap AKG (%) | | | | Kandungan Zat Gizi MBG H2 | | | | Kontribusi MBG Terhadap AKG (%) | | | | Kandungan Zat Gizi MBG H3 | | | | Kontribusi MBG Terhadap AKG (%) | | | | Kandungan Zat Gizi MBG H4 | | | | Kontribusi MBG Terhadap AKG (%) | | | | Kandungan Zat Gizi MBG H5 | | | | Kontribusi MBG Terhadap AKG (%) | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram | E (kkal) | P (Gram) | L (Gram) | KH (Gram |
| S1 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S2 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S3 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S4 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S5 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S6 | 1650 | 40 | 55 | 250 | 447.2 | 19.6 | 16.1 | 56.6 | 27 | 49 | 29 | 23 | 338.1 | 16.8 | 9.5 | 45 | 20 | 42 | 17 | 18 | 213.7 | 12.4 | 6 | 37.8 | 13 | 31 | 11 | 15 | 338.1 | 11.1 | 6.7 | 58.7 | 20 | 28 | 12 | 23 | 487.2 | 21.4 | 17.8 | 60.6 | 30 | 54 | 32 | 24 |
| S7 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S8 | 1650 | 40 | 55 | 250 | 447.2 | 19.6 | 16.1 | 56.6 | 27 | 49 | 29 | 23 | 338.1 | 16.8 | 9.5 | 45 | 20 | 42 | 17 | 18 | 213.7 | 12.4 | 6 | 37.8 | 13 | 31 | 11 | 15 | 338.1 | 11.1 | 6.7 | 58.7 | 20 | 28 | 12 | 23 | 487.2 | 21.4 | 17.8 | 60.6 | 30 | 54 | 32 | 24 |
| S9 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S10 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S11 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S12 | 1650 | 40 | 55 | 250 | 447.2 | 19.6 | 16.1 | 56.6 | 27 | 49 | 29 | 23 | 338.1 | 16.8 | 9.5 | 45 | 20 | 42 | 17 | 18 | 213.7 | 12.4 | 6 | 37.8 | 13 | 31 | 11 | 15 | 338.1 | 11.1 | 6.7 | 58.7 | 20 | 28 | 12 | 23 | 487.2 | 21.4 | 17.8 | 60.6 | 30 | 54 | 32 | 24 |
| S13 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S14 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S15 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S16 | 1650 | 40 | 55 | 250 | 447.2 | 19.6 | 16.1 | 56.6 | 27 | 49 | 29 | 23 | 338.1 | 16.8 | 9.5 | 45 | 20 | 42 | 17 | 18 | 213.7 | 12.4 | 6 | 37.8 | 13 | 31 | 11 | 15 | 338.1 | 11.1 | 6.7 | 58.7 | 20 | 28 | 12 | 23 | 487.2 | 21.4 | 17.8 | 60.6 | 30 | 54 | 32 | 24 |
| S17 | 1650 | 40 | 55 | 250 | 447.2 | 19.6 | 16.1 | 56.6 | 27 | 49 | 29 | 23 | 338.1 | 16.8 | 9.5 | 45 | 20 | 42 | 17 | 18 | 213.7 | 12.4 | 6 | 37.8 | 13 | 31 | 11 | 15 | 338.1 | 11.1 | 6.7 | 58.7 | 20 | 28 | 12 | 23 | 487.2 | 21.4 | 17.8 | 60.6 | 30 | 54 | 32 | 24 |
| S18 | 1650 | 40 | 55 | 250 | 447.2 | 19.6 | 16.1 | 56.6 | 27 | 49 | 29 | 23 | 338.1 | 16.8 | 9.5 | 45 | 20 | 42 | 17 | 18 | 213.7 | 12.4 | 6 | 37.8 | 13 | 31 | 11 | 15 | 338.1 | 11.1 | 6.7 | 58.7 | 20 | 28 | 12 | 23 | 487.2 | 21.4 | 17.8 | 60.6 | 30 | 54 | 32 | 24 |
| S19 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S20 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S21 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S22 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S23 | 1650 | 40 | 55 | 250 | 447.2 | 19.6 | 16.1 | 56.6 | 27 | 49 | 29 | 23 | 338.1 | 16.8 | 9.5 | 45 | 20 | 42 | 17 | 18 | 213.7 | 12.4 | 6 | 37.8 | 13 | 31 | 11 | 15 | 338.1 | 11.1 | 6.7 | 58.7 | 20 | 28 | 12 | 23 | 487.2 | 21.4 | 17.8 | 60.6 | 30 | 54 | 32 | 24 |
| S24 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S25 | 1650 | 40 | 55 | 250 | 447.2 | 19.6 | 16.1 | 56.6 | 27 | 49 | 29 | 23 | 338.1 | 16.8 | 9.5 | 45 | 20 | 42 | 17 | 18 | 213.7 | 12.4 | 6 | 37.8 | 13 | 31 | 11 | 15 | 338.1 | 11.1 | 6.7 | 58.7 | 20 | 28 | 12 | 23 | 487.2 | 21.4 | 17.8 | 60.6 | 30 | 54 | 32 | 24 |
| S26 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S27 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S28 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S29 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |
| S30 | 1400 | 25 | 50 | 220 | 447.2 | 19.6 | 16.1 | 56.6 | 32 | 78 | 32 | 26 | 338.1 | 16.8 | 9.5 | 45 | 24 | 67 | 19 | 20 | 213.7 | 12.4 | 6 | 37.8 | 15 | 50 | 12 | 17 | 338.1 | 11.1 | 6.7 | 58.7 | 24 | 44 | 13 | 27 | 487.2 | 21.4 | 17.8 | 60.6 | 35 | 86 | 36 | 28 |

**Lampiran 12. Hasil SPSS**

a. Makanan pokok

| | N | Minimum | Maximum | Mean | Std. Deviation |
|---|---|---|---|---|---|
| Persen konsumsi H1 makanan pokok MBG (%) | 30 | 14 | 100 | 84.43 | 26.006 |
| Persen konsumsi H2 makanan pokok MBG (%) | 30 | 36 | 100 | 95.60 | 12.942 |
| Persen konsumsi H3 makanan pokok MBG (%) | 30 | 36 | 100 | 95.60 | 12.942 |
| Persen konsumsi H4 makanan pokok MBG (%) | 30 | 100 | 100 | 100 | 0 |
| Persen konsumsi H5 makanan pokok MBG (%) | 30 | 50 | 100 | 95.53 | 12.566 |
| Valid N (listwise) | 30 | | | | |

b. Lauk Hewani

| | N | Minimum | Maximum | Mean | Std. Deviation |
|---|---|---|---|---|---|
| Persen konsumsi H1 lauk hewani MBG (%) | 30 | 0 | 100 | 83.33 | 37.905 |
| Persen konsumsi H2 lauk hewani MBG (%) | 30 | 65 | 100 | 98.07 | 7.524 |
| Persen konsumsi H3 lauk hewani MBG (%) | 30 | 0 | 100 | 73.80 | 42.346 |
| Persen konsumsi H4 lauk hewani MBG (%) | 30 | 0 | 100 | 86.00 | 33.014 |
| Persen konsumsi H5 lauk hewani MBG (%) | 30 | 0 | 100 | 88.67 | 25.437 |
| Valid N (listwise) | 30 | | | | |

| c. Lauk Nabati | | | | | |
|---|---|---|---|---|---|
| | N | Minimum | Maximum | Mean | Std. Deviation |
| Persen konsumsi H1 lauk nabati MBG (%) | 30 | 0 | 100 | 81.67 | 32.831 |
| Persen konsumsi H2 lauk nabati MBG (%) | 30 | 0 | 100 | 75.23 | 39.623 |
| Persen konsumsi H3 lauk nabati MBG (%) | 30 | 0 | 100 | 72.83 | 41.326 |
| Persen konsumsi H4 lauk nabati MBG (%) | 30 | 100 | 100 | 100 | 0 |
| Persen konsumsi H5 lauk nabati MBG (%) | 30 | 0 | 100 | 85.00 | 34.409 |
| Valid N (listwise) | 30 | | | | |

| d. Sayur | | | | | |
|---|---|---|---|---|---|
| | N | Minimum | Maximum | Mean | Std. Deviation |
| Persen konsumsi H1 sayur MBG (%) | 30 | 0 | 100 | 81.67 | 32.831 |
| Persen konsumsi H2 sayur MBG (%) | 30 | 0 | 100 | 77.33 | 38.326 |
| Persen konsumsi H3 sayur MBG (%) | 30 | 0 | 100 | 61.20 | 48.582 |
| Persen konsumsi H4 sayur MBG (%) | 30 | 0 | 100 | 80.87 | 37.353 |
| Persen konsumsi H5 sayur MBG (%) | 30 | 0 | 100 | 55.13 | 49.11 |
| Valid N (listwise) | 30 | | | | |

| e. Buah | | | | | |
|---|---|---|---|---|---|
| | N | Minimum | Maximum | Mean | Std. Deviation |
| Persen konsumsi H1 buah MBG (%) | 30 | 0 | 100 | 100 | 0 |
| Persen konsumsi H2 buah MBG (%) | 30 | 0 | 100 | 100 | 0 |
| Persen konsumsi H3 buah MBG (%) | 30 | 0 | 100 | 100 | 0 |
| Persen konsumsi H4 buah MBG (%) | 30 | 0 | 100 | 100 | 0 |
| Persen konsumsi H5 buah MBG (%) | 30 | 20 | 100 | 97.33 | 14.606 |
| Valid N (listwise) | 30 | | | | |

**Kategori Penerimaan MPokok**

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| Valid | Tinggi | 27 | 90.0 | 90.0 | 90.0 |
| | Rendah | 3 | 10.0 | 10.0 | 100.0 |
| | Total | 30 | 100.0 | 100.0 | |

**Kategori Penerimaan Hewan**

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| Valid | Tinggi | 25 | 83.3 | 83.3 | 83.3 |
| | Rendah | 5 | 16.7 | 16.7 | 100.0 |
| | Total | 30 | 100.0 | 100.0 | |

**Kategori Penerimaan Nabati**

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| Valid | Tinggi | 22 | 73.3 | 73.3 | 73.3 |
| | Rendah | 8 | 26.7 | 26.7 | 100.0 |
| | Total | 30 | 100.0 | 100.0 | |

**Kategori Penerimaan Sayuran**

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| Valid | Tinggi | 15 | 50.0 | 50.0 | 50.0 |
| | Rendah | 15 | 50.0 | 50.0 | 100.0 |
| | Total | 30 | 100.0 | 100.0 | |

**Kategori Penerimaan Buah**

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| Valid | Tinggi | 30 | 100.0 | 100.0 | 100.0 |

**Recall 2 x 24 Jam**

| Valid | Kategori Asupan Zat Gizi Energi | frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| | Defisit Berat | 18 | 60.0 | 60.0 | 60.0 |
| | Defisit Ringan | 6 | 20.0 | 20.0 | 80.0 |
| | Defisit Sedang | 5 | 16.7 | 16.7 | 96.7 |
| | Normal | 1 | 3.3 | 3.3 | 100.0 |
| | Total | 30 | 100.0 | 100.0 | |

| Valid | Kategori Asupan Zat Gizi Protein | frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| | Defisit Ringan | 6 | 3.3 | 3.3 | 3.3 |
| | Normal | 1 | 20.0 | 20.0 | 23.3 |
| | Lebih | 23 | 76.7 | 76.7 | 100.0 |
| | Total | 30 | 100 | 100.0 | |

| Valid | Kategori Asupan Zat Gizi Lemak | frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| | Defisit Berat | 18 | 60 | 60.0 | 60.0 |
| | Defisit Sedang | 3 | 10 | 10 | 70.0 |
| | Defisit Ringan | 1 | 3.3 | 3.3 | 73.3 |
| | Normal | 8 | 25.7 | 26.7 | 100.0 |
| | Total | 30 | 100.00 | 100.00 | |

| Valid | Kategori Asupan Zat Gizi KH | frequency | Percent | Valid Percent | Cumulative Percent |
|---|---|---|---|---|---|
| | Defisit Berat | 25 | 83.3 | 83.3 | 83.3 |
| | Defisit Sedang | 2 | 6.7 | 6.7 | 90.0 |
| | Defisit Ringan | 2 | 6.7 | 6.7 | 96.7 |
| | Normal | 1 | 3.3 | 3.3 | 100.0 |
| | Total | 30 | 100.0 | 100.0 | |

**Lampiran 13. Dokumentasi Penelitian**

Dokumentasi Penerimaan MBG

Hari Pertama



Hari Kedua



Hari Ketiga



Hari Keempat



Hari Kelima



Dokumentasi Recall 2 x 24 jam









