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LAMPIRAN

Lampiran 1. Surat Izin Penelitian

Kementerian Kesehatan
Direktorat Jenderal
Sumber Daya Manusia Kesehatan
Poltekkes Medan
Jalan Jamin Ginting KM 13,5
Medan, Sumatera Utara 20137
(061) 8368633
https //poltekkes-medan.ac.id

Lubuk Pakam, 27 April 2026

Nomor : KH.03.01/XIV.13/684/2026
Lampiran : -
Perihal : Surat Penelitian

Kepada Yth:

Kepala Sekolah PAUD Pemerintah Desa Sekip

di _
Tempat

Sesuai dengan kurikulum Prodi Diploma III Gizi dimana mahasiswa diwajibkan menyusun Tugas Akhir. Berkenaan dengan hal tersebut kami mohon izin bagi mahasiswa bimbingan Dr. Tetty Herta Doloksaribu, STP, MKM untuk melakukan Penelitian di Sekolah PAUD Pemerintah Desa Sekip Kecamatan Lubuk Pakam Kabupaten Deli Serdang. Adapun nama mahasiswa tersebut, adalah:

Nama : Kartini Krisdayanti Marbun
NIM : P01031123114
Judul : Gambaran Penerimaan Makanan Bergizi Gratis dan Status Gizi Anak PAUD Pemerintah di Desa Sekip Kecamatan Lubuk Pakam.

Demikian kami sampaikan, atas perhatian dan kerjasamanya diucapkan terima kasih.

Riris Oppusunggu, S. Pd. M. Kes

Kementerian Kesehatan tidak menerima suap dan/atau gratifikasi dalam bentuk apapun. Jika terdapat potensi suap atau gratifikasi silakan laporkan melalui HALO KEMENKES 1500567 dan https://wbs.kemkes.go.id. Untuk verifikasi keaslian tanda tangan elektronik, silakan unggah dokumen pada laman https://tte.kominfo.go.id/verifyPDF.

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Lampiran 2 Surat Balasan Penelitian

PEMERINTAH KABUPATEN DELI SERDANG
KECAMATAN LUBUK PAKAM
DESA SEKIP
JL. KH.HASYIM ASY'ARI DESA SEKIP KODE POS 20517

SURAT KETERANGAN
Nomor : 400.12.2.1/ 807 /2026

Yang bertanda tangan dibawah iniKepala Desa Sekip Kecamatan Lubuk Pakam dengan ini menerangkan

Nama	: Kartini Krisdayanti Marbun
NIM	: P01031123114
Program Study	: Diploma III Gizi

Adalah Benar telah melakukan Tugas Riset / Penelitian Di Desa Sekip Kecamatan Lubuk Pakam dari Tanggal 5 Mei 2026 s/d 13 Mei 2026 dengan Judul Penelitian

GAMBARAN PENERIMAAN MAKANAN BERGIZI GRATIS DAN STATUS GIZI ANAK PAUD SEKIP JAYA DI DESA SEKIP KECAMATAN LUBUK PAKAM

Demikian surat keterangan ini diperbuat dengan sebenarnya untuk dipergunakan seperlunya.

Desa Sekip, 22 Mei 2025
Kepala Desa Sekip

RAHMAT

Dipindai dengan CamScanner

Lampiran 3. Ethical Clearence

Kementerian Kesehatan
Poltekkes Medan
Komisi Etik Penelitian Kesehatan
Jalan Jamin Ginting KM. 13,5
Medan, Sumatera Utara 20137
(061) 8368633
https://poltekkes-medan.ac.id

KETERANGAN LAYAK ETIK
DESCRIPTION OF ETHICAL APPROVAL
"ETHICAL APPROVAL"

No.01.26.3356/KEPK/POLTEKKES KEMENKES MEDAN 2026

Protokol penelitian versi 1 yang diusulkan oleh :
The research protocol proposed by

Peneliti utama : Kartini Krisdayanti Marbun
Principal In Investigator

Nama Institusi : Poltekkes Kemenkes Medan
Name of the Institution

Dengan judul:
Title
"Gambaran Penerimaan Makanan Bergizi Gratis Dan Status Gizi Anak PAUD Pemerintah Di Desa Sekip, Kecamatan Lubuk Pakam"

"Overview of Free Nutritious Food Acceptance and Nutritional Status of Government Early Childhood Education Children in Sekip Village, Lubuk Pakam District"

Dinyatakan layak etik sesuai 7 (tujuh) Standar WHO 2011, yaitu 1) Nilai Sosial, 2) Nilai Ilmiah, 3) Pemerataan Beban dan Manfaat, 4) Risiko, 5) Bujukan/Eksploitasi, 6) Kerahasiaan dan Privacy, dan 7) Persetujuan Setelah Penjelasan, yang merujuk pada Pedoman CIOMS 2016. Hal ini seperti yang ditunjukkan oleh terpenuhinya indikator setiap standar.

Declared to be ethically appropriate in accordance to 7 (seven) WHO 2011 Standards, 1) Social Values, 2) Scientific Values, 3) Equitable Assessment and Benefits, 4) Risks, 5) Persuasion/Exploitation, 6) Confidentiality and Privacy, and 7) Informed Concent, referring to the 2016 CIOMS Guidelines. This is as indicated by the fulfillment of the indicators of each standard.

Pernyataan Laik Etik ini berlaku selama kurun waktu tanggal 30 Juli 2026 sampai dengan tanggal 30 Juli 2027.

This declaration of ethics applies during the period July 30, 2026 until July 30, 2027.

July 30, 2026
Chairperson,

Dr. Lestari Rahmah, MKT

Lampiran 4. Bukti Bimbingan

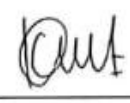
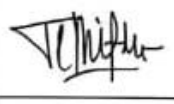
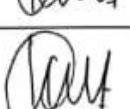
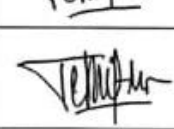
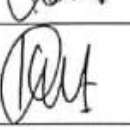
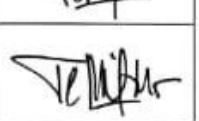
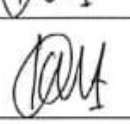
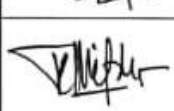
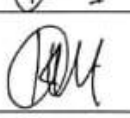
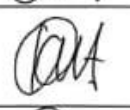
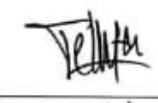
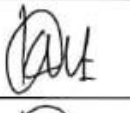
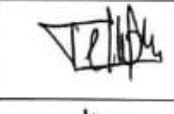
Nama : Kartini Krisdayanti Marbun

NIM : P01031123114

Judul : Gambaran Penerimaan Makanan Bergizi Gratis dan Status Gizi Anak PAUD Pemerintah di Desa Sekip,Kecamatan Lubuk Pakam

Dosen Pembimbing : Dr. Tetty Herta Doloksaribu,STP,MKM.

No.	Tanggal	Topik Bimbingan	Tanda Tangan	
			Mahasiswa	Pembimbing
1	19 Januari 2026	Penyerahan surat bimbingan kepada dosen pembimbing		
2	20 Januari 2026	Pengajuan beberapa topik yang akan diteliti		
3	28 Januari 2026	Diskusi BAB I		
4	11 Februari 2026	Diskusi BAB II mengenai definisi operasional		
5	13 Februari 2026	Mendiskusikan mengenai variabel yang akan diteliti sesuai topik penelitian		
6	19 Februari 2026	Mendiskusikan metode penelitian		
7	20 Februari 2026	Mendiskusikan Penjajakan Lokasi penelitian		
8	24 Februari 2026	Revisi BAB III		
9	26 Februari 2026	Diskusi Teknik dan instrumen pengumpulan data		
10	02 Maret 2026	Revisi daftar pustaka		

11	04 Maret 2026	Acc Proposal		
12	10 Maret 2026	Ujian Seminar Proposal		
13	13 Maret 2026	Revisi Proposal karya tulis ilmiah Bersama dosen pembimbing		
14	20 April 2026	Revisi Proposal karya tulis ilmiah bersama dosen penguji I & dosen penguji II		
15	27 April 2026	Acc proposal dengan dosen pembimbing		
16	08 Mei 2026	Penclitian		
17	15 Juni 2026	Revisian Bab IV dan V		
18	29 Juni 2026	ACC karya tulis ilmiah		
19	30 Juni 2026	Revisi karya tulis ilmiah dosen pembimbing		
20	14 Juli 2026	Revisi karya tulis ilmiah dosen penguji I		
21	28 Agustus 2026	Revisi karya tulis ilmiah dosen penguji II		
22	22 September 2026	Abstrak		
23	29 September 2026	Turnitin		
24	05 Oktober 2026	Jilid Lux		

Lampiran 4. Informed Consent

SURAT PERNYATAAN BERSEDIA MENJADI SUBJEK PENELITIAN
(INFORMED CONSENT)

Yang bertanda tangan dibawah ini. saya :

Nama :Muhammad Fadhil
Tempat, Tgl Lahir :Maradingding, 12 Maret 2020
Alamat :Desa sekip Jln. Bakti I
Kelas :Paud B. (Paud sekip Jaya).

Bersedia dan mau menjadi Responden Penelitian dengan judul "Gambaran Penerimaan Makanan Bergizi Gratis dan Status Gizi Anak PAUD Pemerintah Di Desa Sekip, Kecamatan Lubuk Pakam" yang dilakukan oleh :

Nama : Kartini Krisdayanti Marbun
NIM : P01031123114
Alamat : JatiSari , Kec. Lubuk Pakam, Kab. Deli Serdang
Instansi : Poltekkes Kemenkes Medan Jurusan Gizi Program D-III

Demikian surat pernyataan ini saya perbuat dengan sesungguhnya tanpa ada paksaan dari siapapun.

Lubuk Pakam 20 MEI 2026

Tanda Tangan Subyek

(.....)

Tanda Tangan Peneliti

(Kartini Krisdayanti Marbun)

Lampiran 5. Lembar Pengamatan

LEMBAR PENGAMATAN

Lembar pengamatan porsi menu harian MBG anak paud pemerintah

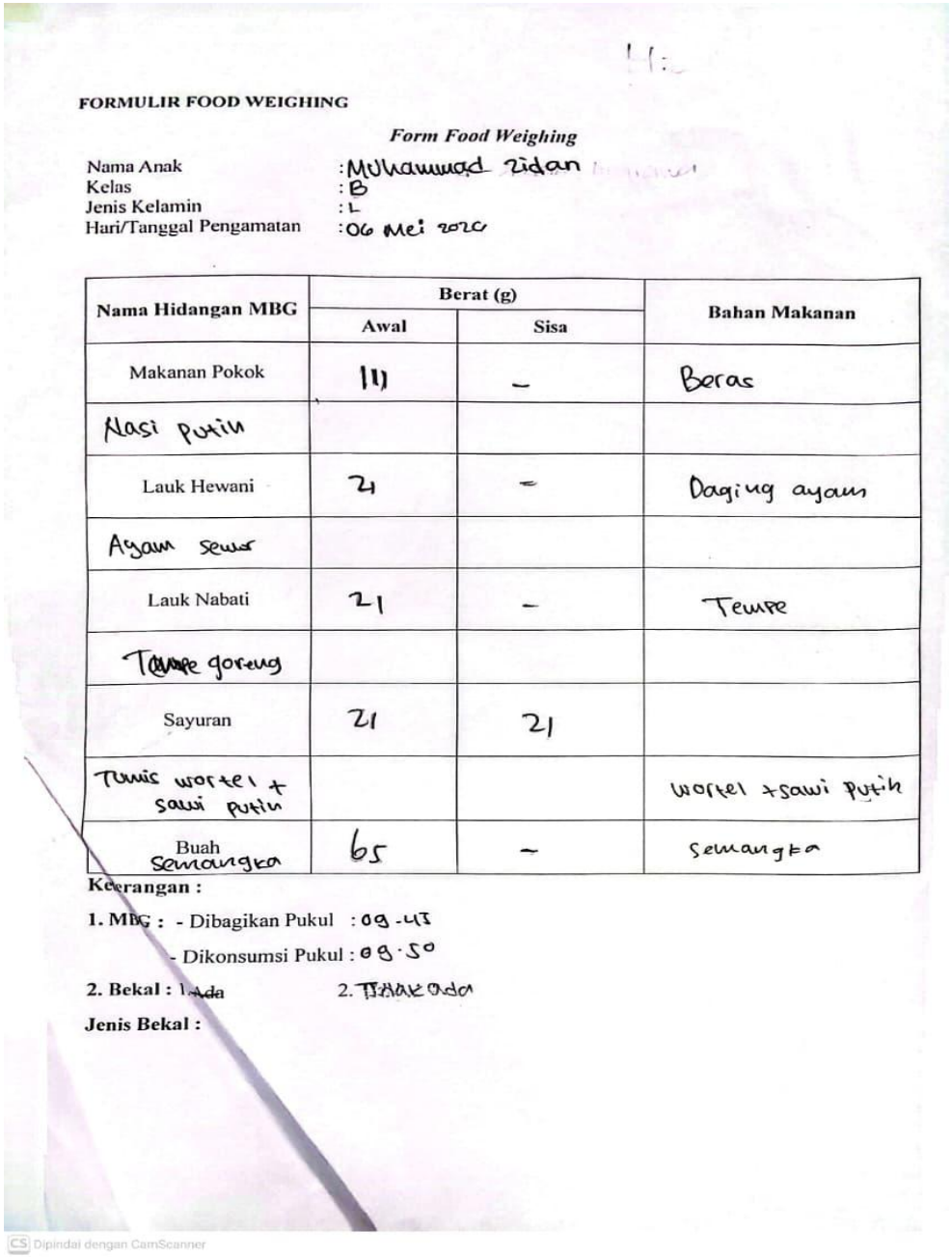
A. Identitas pengamatan

No	Komponen	Keterangan
1.	Hari/Tanggal	Rabu/06 Mei 2026
2.	Waktu Pengamatan	09.00
3.	Jumlah Anak Hadir	41
4.	Nama Pengamat	Kartini Marbun

A. Menu Harian MBG

No	Kelompok Makanan	Jenis Menu	Berat (Gram/ml)
1.	Makanan Pokok	Nasi putih	111
2.	Lauk Hewani	semur ayam	21
3.	Lauk Nabati	tempe goreng	21
4.	Sayuran	Tumis wortel + sawi putih	21
5.	Buah	Semangka	65
6.	Lainnya : a. b. c		

Lampiran 6. Formulir Food Weighing



FORMULIR FOOD WEIGHING

Form Food Weighing

Nama Anak : Muhammad Zidan
Kelas : B
Jenis Kelamin : L
Hari/Tanggal Pengamatan : 06 Mei 2026

Nama Hidangan MBG	Berat (g)		Bahan Makanan
	Awal	Sisa	
Makanan Pokok	11	-	Beras
Nasi putih			
Lauk Hewani	21	-	Daging ayam
Ayam sewir			
Lauk Nabati	21	-	Tempe
Tempe goreng			
Sayuran	21	21	
Tumis wortel + sawi putih			wortel + sawi putih
Buah Semangka	65	-	semangka

Keterangan :

1. MBG : - Dibagikan Pukul : 09.45
- Dikonsumsi Pukul : 09.50

2. Bekal : 1. ~~Ada~~ 2. Tidak ada

Jenis Bekal :

Dipindai dengan CamScanner

Lampiran *7*. Master Tabel Penelitian

No	Nama Lengkap	Tanggal Lahir	Umur (Bln)	Tgl Pengukuran	Jk	Antropometri		Z-Score IMT/U	IMT	Status Gizi
						BB (Kg)	TB (Cm)			
1	Adelliya Syahputri	09/12/2019	77 Bln	05/05/2026	P	19,4	113,5	-0,14	15.1	Gizi Baik
2	Ajeng Ayu Kirana	29/06/2020	70 Bln	05/05/2026	P	16,3	107,4	-0,79	14.1	Gizi Baik
3	Anindya Maheswari	19/06/2020	70 Bln	05/05/2026	P	14,6	103,5	0,15	13.6	Gizi Baik
4	Aqeela Hanansyah	23/11/2019	77 Bln	05/05/2026	P	14,3	104,8	-1,71	13.0	Gizi Baik
5	Akhtar Rizki	09/05/2020	72 Bln	05/05/2026	L	15,2	106,2	-1,56	13.5	Gizi Baik
6	Said Qhatan	23/05/2019	83 Bln	05/05/2026	L	20,7	117,6	-0,38	15.0	Gizi Baik
7	Aulia Ayesha	22/06/2020	70 Bln	05/05/2026	P	16	102,3	0,02	15.3	Gizi Baik
8	Aqila Nahwa	22/11/2019	77 Bln	05/05/2026	P	12,6	103,1	-2,86	11.9	Gizi Kurang
9	Rafa Alfarizi	28/12/2020	64 Bln	05/05/2026	L	16,2	103	-0,04	15.3	Gizi Baik
10	Alvino Daffa	11/06/2020	71 Bln	05/05/2026	L	16,5	111	-2,19	13.4	Gizi Kurang
11	Syila Aqila Zaahra	01/01/2021	64 Bln	05/05/2026	P	29	128,5	1,34	17,6	Gizi Lebih
12	Abidah Arshia Mika	23/09/2019	79 Bln	05/05/2026	P	16,5	106	-0,54	14,7	Gizi Baik
13	Aisyah Nuha Zahida	29/01/2020	75 Bln	05/05/2026	P	16,1	103	-0,06	15,2	Gizi Baik
14	Sakhi Hafizah	06/05/2019	84 Bln	05/05/2026	P	16,1	112	-1,91	12,8	Gizi Baik
15	Shafa Maira Azzahra	06/10/2020	67 Bln	05/05/2026	P	21,3	117	0,28	15,6	Gizi Baik
16	Najwaa Rahmaulidia	21/11/2020	65 Bln	05/05/2026	P	16,7	107	-0,36	14,6	Gizi Baik
17	Arsyta Aishwasano	28/08/2021	56 Bln	05/05/2026	P	14,9	107	-1.67	13	Gizi Baik
18	Winda Aulia	23/12/2019	76 Bln	05/05/2026	P	16	103,9	-0,32	14,8	Gizi Baik
19	Reza Alfian Nst	28/06/2019	82 Bln	05/05/2026	L	20,3	114	0,22	15.6	Gizi Baik
20	Nadira Syaputri	21/09/2021	55 Bln	05/05/2026	P	16,6	102	0,44	16	Gizi Baik
21	Sefia Nauria	02/09/2020	68 Bln	05/05/2026	P	22,7	114	1,22	17,5	Gizi Lebih
22	Ramadhan Ali Akbar	11/05/2020	72 Bln	05/05/2026	L	18,9	117	-1,14	13.8	Gizi Baik
23	Muhammad Naufal	03/03/2020	74 Bln	05/05/2026	L	18,9	115	-0.79	14.3	Gizi Baik
24	Nesya Uly Ratisya	28/12/2019	76 Bln	05/05/2026	P	19	113	-0,24	14,9	Gizi Baik
25	Queensha Keyla Putri	21/05/2021	59 Bln	05/05/2026	P	16	107	-0,83	14	Gizi Baik
26	Abdullah Razelndra	07/04/2021	61 Bln	05/05/2026	L	15,6	104	-0,58	14.4	Gizi Baik
27	Muhammad Zidan	11/09/2019	80 Bln	05/05/2026	L	20,4	117	-0,28	14.9	Gizi Baik
28	Ayunda Tri Kinanti	19/06/2020	70 Bln	05/05/2026	P	15,6	105	-0,78	14,1	Gizi Baik
29	Farzha Abqori	27/02/2020	74 Bln	05/05/2026	L	25,7	120	1,66	17,8	Gizi Lebih
30	Janea Sheza Naufarin	07/01/2020	76 Bln	05/05/2026	P	15,7	106	-1	14	Gizi Baik
31	Syahfrina Khayra	03/07/2020	70 Bln	05/05/2026	P	13,7	102,4	-1,67	13,1	Gizi Baik
32	Hanifa Aulia	17/01/2020	75 Bln	05/05/2026	P	16,8	113,5	-1,69	13	Gizi Baik
33	Haikal Alif	23/05/2021	59 Bln	05/05/2026	L	14,7	1007	-0,55	14.5	Gizi Baik
34	Muhammad Adzka	27/11/2019	77 Bln	05/05/2026	L	16,5	110	-1,43	13.6	Gizi Baik
35	Ismia Mikayla	17/08/2019	80 Bln	05/05/2026	P	18,2	112	-0,61	14,5	Gizi Baik
36	Chafiya Eliza Putri	08/07/2020	70 Bln	05/05/2026	P	18,5	111	-0,11	15	Gizi Baik
37	Jiselyn Anindita	24/09/2020	67 Bln	05/05/2026	P	17	107	-0,17	14,9	Gizi Baik
38	Balqis Apriliya	09/04/2020	73 Bln	05/05/2026	P	14,9	106	-1,47	13,3	Gizi Baik
39	Muhammad Fadhil	12/03/2020	74 Bln	05/05/2026	L	17,7	108	-0,18	15.2	Gizi Baik
40	Khanza Zahra Arsyila	07/04/2021	62 Bln	05/05/2026	P	20,4	112	0,66	16,3	Gizi Baik
41	Rhaihana	21/02/2021	62 Bln	05/05/2026	P	19,2	111	0,26	15,6	Gizi Baik

Lampiran 8. Master Tabel Penerimaan Makanan

a. Makanan Pokok

No	ID	Jenis Makanan Pokok																	
		H1 : Nasi Putih			H2 Nasi putih			H3 Nasi putih			H4 Nasi putih			H5 Nasi putih			Rata-rata		Kategori
		Berat/porsi =122 g			Berat/porsi =111 g			Berat/porsi =112 g			Berat/porsi =118 g			Berat/porsi =114 g					
		BDD:100%			BDD:100%			BDD:100%			BDD:100%			BDD:100%					
		Sisa		Dikonsumsi	Sisa		Dikonsumsi	Sisa		Dikonsumsi	Sisa		Dikonsumsi	sisa		Dikonsumsi	sisa	Konsumsi	Konsumsi
		g	%	(%)	g	%	%	g	%	(%)	g	%	%	g	%	%	%	%	
1	AA	0	0%	100%	24	22%	78%	47	42%	58%	0	0%	100%	0	0%	100%	13%	87%	Tinggi
2	SA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
3	AR	97	80%	20%	0	0%	100%	112	100%	0%	35	30%	70%	0	0%	100%	42%	58%	Rendah
4	AA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
5	NR	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
6	NS	0	0%	100%	68	61%	39%	0	0%	100%	0	0%	100%	21	18%	82%	16%	84%	Tinggi
7	QK	0	0%	100%	49	44%	56%	0	0%	100%	0	0%	100%	0	0%	100%	9%	91%	Tinggi
8	KZ	0	0%	100%	0	0%	100%	72	64%	36%	0	0%	100%	33	29%	71%	19%	81%	Tinggi
9	HA	65	53%	47%	24	22%	78%	0	0%	100%	81	69%	31%	0	0%	100%	29%	71%	Rendah
10	BA	12	10%	90%	0	0%	100%	0	0%	100%	0	0%	100%	61	54%	46%	13%	87%	Tinggi
11	JA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
12	RH	0	0%	100%	0	0%	100%	0	0%	100%	78	66%	34%	0	0%	100%	13%	87%	Tinggi
13	SN	0	0%	100%	106	95%	5%	0	0%	100%	0	0%	100%	0	0%	100%	19%	81%	Tinggi
14	SM	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
15	RA	0	0%	100%	53	48%	52%	38	34%	66%	0	0%	100%	0	0%	100%	16%	84%	Tinggi
16	AS	0	0%	100%	0	0%	100%	0	0%	100%	14	12%	88%	40	35%	65%	9%	91%	Tinggi
17	AA	0	0%	100%	28	25%	75%	0	0%	100%	55	47%	53%	0	0%	100%	14%	86%	Tinggi
18	AM	8	7%	93%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	1%	99%	Tinggi
19	AH	5	4%	96%	0	0%	100%	0	0%	100%	26	22%	78%	42	37%	63%	13%	87%	Tinggi
20	AR	0	0%	100%	0	0%	100%	0	0%	100%	25	21%	79%	0	0%	100%	4%	96%	Tinggi
21	SQ	43	35%	65%	0	0%	100%	0	0%	100%	7	6%	94%	0	0%	100%	8%	92%	Tinggi
22	AN	24	20%	80%	50	45%	55%	0	0%	100%	35	30%	70%	25	22%	78%	23%	77%	Rendah
23	AD	44	36%	64%	14	13%	87%	0	0%	100%	30	25%	75%	12	11%	89%	17%	83%	Tinggi
24	AA	0	0%	100%	0	0%	100%	0	0%	100%	12	10%	90%	0	0%	100%	2%	98%	Tinggi
25	AN	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
26	SH	8	7%	93%	15	14%	86%	55	49%	51%	0	0%	100%	0	0%	100%	14%	86%	Tinggi
27	WA	0	0%	100%	2	2%	98%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
28	RA	100	82%	18%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	16%	84%	Tinggi
29	RA	0	0%	100%	56	50%	50%	0	0%	100%	0	0%	100%	0	0%	100%	10%	90%	Tinggi
30	MN	17	14%	86%	0	0%	100%	0	0%	100%	22	19%	81%	0	0%	100%	7%	93%	Tinggi
31	NU	0	0%	100%	0	0%	100%	0	0%	100%	22	19%	81%	0	0%	100%	4%	96%	Tinggi
32	MZ	0	0%	100%	0	0%	100%	0	0%	100%	16	14%	86%	0	0%	100%	3%	97%	Tinggi
33	AT	5	4%	96%	32	29%	71%	0	0%	100%	11	9%	91%	25	22%	78%	13%	87%	Tinggi
34	FA	30	25%	75%	3	3%	97%	0	0%	100%	0	0%	100%	0	0%	100%	5%	95%	Tinggi
35	JS	0	0%	100%	0	0%	100%	36	32%	68%	0	0%	100%	26	23%	77%	11%	89%	Tinggi
36	SK	31	25%	75%	50	45%	55%	0	0%	100%	0	0%	100%	0	0%	100%	14%	86%	Tinggi
37	HA	0	0%	100%	3	3%	97%	0	0%	100%	55	47%	53%	0	0%	100%	10%	90%	Tinggi
38	MA	0	0%	100%	0	0%	100%	17	15%	85%	0	0%	100%	0	0%	100%	3%	97%	Tinggi
39	IM	13	11%	89%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	2%	98%	Tinggi
40	CE	0	0%	100%	0	0%	100%	42	38%	63%	0	0%	100%	0	0%	100%	8%	93%	Tinggi
41	MF	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
Rata-Rata			0	90%		13%	87%		9%	91%		11%	89%		6%	94%	10%	90%	Tinggi

b. Lauk Hewani

No	ID	Jenis Lauk Hewani															Rata-rata		Kategori
		H1 Kari daging sapi			H2 Semur D.ayam			H3 Telur balado			H4 Rendang D.sapi			H5 Ayam Goreng					
		Berat/porsi =51 g			Berat/porsi =21 g			Berat/porsi =47 g			Berat/porsi =19 g			Berat/porsi =29 g					
		BDD:100% *)			BDD:100% *)			BDD:100%			BDD:100% *)			BDD:58 %					
		Sisa		Dikon sumsi	Sisa		Dikon sumsi	Sisa		Dikon sumsi	Sisa		Dikon sumsi	sisa		Dikon sumsi	Sisa	konsumsi	Konsumsi
		g	%	(%)	g	%	%	g	%	(%)	g	%	%	g	%	%			
1	AA	0	0%	100%	17	81%	19%	36	77%	23%	0	0%	100%	0	0%	100%	32%	68%	Rendah
2	SA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
3	AR	44	86%	14%	0	0%	100%	0	0%	100%	18	95%	5%	0	0%	100%	36%	64%	Rendah
4	AA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
5	NR	0	0%	100%	8	38%	62%	0	0%	100%	0	0%	100%	0	0%	100%	8%	92%	Tinggi
6	NS	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	21	72%	28%	14%	86%	Tinggi
7	QK	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	21	72%	28%	14%	86%	Tinggi
8	KZ	10	20%	80%	9	43%	57%	0	0%	100%	19	100%	0%	15	52%	48%	43%	57%	Rendah
9	HA	12	24%	76%	0	0%	100%	0	0%	100%	19	100%	0%	0	0%	100%	25%	75%	Rendah
10	BA	0	0%	100%	7	33%	67%	0	0%	100%	0	0%	100%	21	72%	28%	21%	79%	Rendah
11	JA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
12	RH	0	0%	100%	0	0%	100%	0	0%	100%	17	89%	11%	0	0%	100%	18%	82%	Tinggi
13	SN	0	0%	100%	9	43%	57%	0	0%	100%	0	0%	100%	16	55%	45%	20%	80%	Tinggi
14	SM	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	21	72%	28%	14%	86%	Tinggi
15	RA	0	0%	100%	19	90%	10%	0	0%	100%	0	0%	100%	0	0%	100%	18%	82%	Tinggi
16	AS	0	0%	100%	0	0%	100%	0	0%	100%	4	21%	79%	0	0%	100%	4%	96%	Tinggi
17	AA	0	0%	100%	21	100%	0%	0	0%	100%	15	79%	21%	0	0%	100%	36%	64%	Rendah
18	AM	10	20%	80%	0	0%	100%	0	0%	100%	0	0%	100%	10	34%	66%	11%	89%	Tinggi
19	AH	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
20	AR	10	20%	80%	0	0%	100%	0	0%	100%	12	63%	37%	20	69%	31%	30%	70%	Rendah
21	SQ	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
22	AN	13	25%	75%	0	0%	100%	0	0%	100%	0	0%	100%	15	52%	48%	15%	85%	Tinggi
23	AD	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	18	62%	38%	12%	88%	Tinggi
24	AA	0	0%	100%	0	0%	100%	14	30%	70%	0	0%	100%	0	0%	100%	6%	94%	Tinggi
25	AN	10	20%	80%	9	43%	57%	21	45%	55%	10	53%	47%	0	0%	100%	32%	68%	Rendah
26	SH	0	0%	100%	0	0%	100%	41	87%	13%	0	0%	100%	21	72%	28%	32%	68%	Rendah
27	WA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
28	RA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
29	RA	0	0%	100%	0	0%	100%	29	62%	38%	0	0%	100%	18	62%	38%	25%	75%	Rendah
30	MN	0	0%	100%	0	0%	100%	0	0%	100%	12	63%	37%	0	0%	100%	13%	87%	Tinggi
31	NU	0	0%	100%	0	0%	100%	14	30%	70%	0	0%	100%	0	0%	100%	6%	94%	Tinggi
32	MZ	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	18	62%	38%	12%	88%	Tinggi
33	AT	11	22%	78%	0	0%	100%	24	51%	49%	0	0%	100%	0	0%	100%	15%	85%	Tinggi
34	FA	0	0%	100%	14	67%	33%	0	0%	100%	0	0%	100%	9	31%	69%	20%	80%	Tinggi
35	JS	0	0%	100%	0	0%	100%	24	51%	49%	0	0%	100%	0	0%	100%	10%	90%	Tinggi
36	SK	0	0%	100%	21	100%	0%	0	0%	100%	0	0%	100%	0	0%	100%	20%	80%	Tinggi
37	HA	4	8%	92%	9	43%	57%	0	0%	100%	0	0%	100%	14	48%	52%	20%	80%	Tinggi
38	MA	26	51%	49%	0	0%	100%	11	23%	77%	18	95%	5%	0	0%	100%	34%	66%	Rendah
39	IM	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
40	CE	0	0%	100%	0	0%	100%	0	0%	100%	11	58%	42%	7	24%	76%	16%	84%	Tinggi
41	MF	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
Rata-rata			7%	93%		17%	83%		11%	89%		20%	80%		22%	78%	15%	85%	Tinggi

c. Lauk Nabati

No	ID	Jenis Lauk Nabati															Rata-Rata	Rata-rata	Kategori
		H1 Tahu goreng			H2 Tempe goreng			H3 Tahu goreng			H4 Tempe goreng			H5 Tempe orek					
		Berat/porsi =26 g			Berat/porsi =21 g			Berat/porsi =20 g			Berat/porsi =22 g			Berat/porsi =21 g					
		BDD:100%			BDD:100%			BDD:100%			BDD:100%			BDD:100%					
		Sisa		Dikonsumsi	Sisa		Dikonsumsi	Sisa		Dikonsumsi	Sisa		Dikonsumsi	sisa		Dikonsumsi	sisa	Konsumsi	Konsumsi
		g	%	(%)	g	%	(%)	g	%	(%)	g	%	%	g	%	%			
1	AA	0	0%	100%	21	100%	0%	13	65%	35%	0	0%	100%	0	0%	100%	33%	67%	Rendah
2	SA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
3	AR	2	8%	92%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	2%	98%	Tinggi
4	AA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
5	NR	0	0%	100%	11	52%	48%	0	0%	100%	0	0%	100%	0	0%	100%	10%	90%	Tinggi
6	NS	0	0%	100%	19	90%	10%	19	95%	5%	17	77%	23%	0	0%	100%	53%	47%	Rendah
7	QK	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	21	100%	0%	20%	80%	Tinggi
8	KZ	0	0%	100%	19	90%	10%	19	95%	5%	18	82%	18%	20	95%	5%	73%	27%	Rendah
9	HA	24	92%	8%	16	76%	24%	0	0%	100%	21	95%	5%	0	0%	100%	53%	47%	Rendah
10	BA	0	0%	100%	19	90%	10%	18	90%	10%	0	0%	100%	21	100%	0%	56%	44%	Rendah
11	JA	0	0%	100%	21	100%	0%	0	0%	100%	0	0%	100%	0	0%	100%	20%	80%	Tinggi
12	RH	20	77%	23%	0	0%	100%	18	90%	10%	22	100%	0%	0	0%	100%	53%	47%	Rendah
13	SN	0	0%	100%	15	71%	29%	0	0%	100%	22	100%	0%	0	0%	100%	34%	66%	Rendah
14	SM	18	69%	31%	21	100%	0%	0	0%	100%	18	82%	18%	0	0%	100%	50%	50%	Rendah
15	RA	0	0%	100%	21	100%	0%	20	100%	0%	22	100%	0%	0	0%	100%	60%	40%	Rendah
16	AS	0	0%	100%	0	0%	100%	0	0%	100%	15	68%	32%	0	0%	100%	14%	86%	Tinggi
17	AA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
18	AM	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
19	AH	0	0%	100%	0	0%	100%	0	0%	100%	20	91%	9%	0	0%	100%	18%	82%	Tinggi
20	AR	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
21	SQ	19	73%	27%	19	90%	10%	0	0%	100%	22	100%	0%	0	0%	100%	53%	47%	Rendah
22	AN	0	0%	100%	0	0%	100%	0	0%	100%	22	100%	0%	0	0%	100%	20%	80%	Tinggi
23	AD	0	0%	100%	0	0%	100%	19	95%	5%	0	0%	100%	0	0%	100%	19%	81%	Tinggi
24	AA	0	0%	100%	0	0%	100%	20	100%	0%	22	100%	0%	0	0%	100%	40%	60%	Rendah
25	AN	0	0%	100%	0	0%	100%	17	85%	15%	16	73%	27%	0	0%	100%	32%	68%	Rendah
26	SH	0	0%	100%	15	71%	29%	20	100%	0%	13	59%	41%	0	0%	100%	46%	54%	Rendah
27	WA	0	0%	100%	2	10%	90%	0	0%	100%	0	0%	100%	0	0%	100%	2%	98%	Tinggi
28	RA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
29	RA	15	58%	42%	21	100%	0%	19	95%	5%	22	100%	0%	0	0%	100%	71%	29%	Rendah
30	MN	0	0%	100%	0	0%	100%	17	85%	15%	0	0%	100%	0	0%	100%	17%	83%	Tinggi
31	NU	0	0%	100%	0	0%	100%	20	100%	0%	19	86%	14%	0	0%	100%	37%	63%	Rendah
32	MZ	0	0%	100%	0	0%	100%	0	0%	100%	16	73%	27%	0	0%	100%	15%	85%	Tinggi
33	AT	0	0%	100%	11	52%	48%	20	100%	0%	0	0%	100%	0	0%	100%	30%	70%	Rendah
34	FA	0	0%	100%	19	90%	10%	0	0%	100%	0	0%	100%	16	76%	24%	33%	67%	Rendah
35	JS	0	0%	100%	0	0%	100%	20	100%	0%	22	100%	0%	0	0%	100%	40%	60%	Rendah
36	SK	8	31%	69%	21	100%	0%	0	0%	100%	0	0%	100%	0	0%	100%	26%	74%	Rendah
37	HA	18	69%	31%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	14%	86%	Tinggi
38	MA	0	0%	100%	19	90%	10%	17	85%	15%	17	77%	23%	0	0%	100%	51%	49%	Rendah
39	IM	0	0%	100%	0	0%	100%	0	0%	100%	22	100%	0%	0	0%	100%	20%	80%	Tinggi
40	CE	0	0%	100%	0	0%	100%	20	100%	0%	0	0%	100%	0	0%	100%	20%	80%	Tinggi
41	MF	0	0%	100%	21	100%	0%	0	0%	100%	0	0%	100%	0	0%	100%	20%	80%	Tinggi
Rata-rata			12%	88%		38%	62%		39%	61%		43%	57%		9%	91%	28%	72%	Rendah

d. Sayur

NO	ID	Jenis Sayur															Rata-rata		Kategori
		H1 Acar(Wortel+Timun)			H2 (T.Sawi P +wortel)			H3 (T.wortel+k.panjng)			H4 Acar(Wortel+Timun)			H5 (T.Jagung+K.Panjang					
		Berat/porsi =17 g			Berat/porsi =21 g			Berat/porsi =38 g			Berat/porsi =28 g			Berat/porsi =29 g					
		BDD:100%			BDD:100%			BDD:100%			BDD:100%			BDD:100%					
		Sisa		Dikonsumsi	Sisa		Dikonsumsi	Sisa		Dikonsumsi	Sisa		Dikonsumsi	sisa		Dikonsumsi	sisa	Konsumsi	Konsumsi
		g	%	(%)	g	%	%	g	%	(%)	g	%	%	g	%	%			
1	AA	0	0%	100%	21	100%	0%	17	45%	55%	0	0%	100%	28	97%	3%	48%	52%	Rendah
2	SA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
3	AR	17	100%	0%	0	0%	100%	25	66%	34%	22	79%	21%	0	0%	100%	49%	51%	Rendah
4	AA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
5	NR	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
6	NS	17	100%	0%	19	90%	10%	0	0%	100%	28	100%	0%	17	59%	41%	70%	30%	Rendah
7	QK	17	100%	0%	21	100%	0%	0	0%	100%	0	0%	100%	20	69%	31%	54%	46%	Rendah
8	KZ	17	100%	0%	21	100%	0%	26	68%	32%	26	93%	7%	25	86%	14%	89%	11%	Rendah
9	HA	12	71%	29%	20	95%	5%	26	68%	32%	20	71%	29%	0	0%	100%	61%	39%	Rendah
10	BA	17	100%	0%	21	100%	0%	38	100%	0%	8	29%	71%	24	83%	17%	82%	18%	Rendah
11	JA	0	0%	100%	21	100%	0%	29	76%	24%	0	0%	100%	0	0%	100%	35%	65%	Rendah
12	RH	0	0%	100%	0	0%	100%	26	68%	32%	17	61%	39%	23	79%	21%	42%	58%	Rendah
13	SN	15	88%	12%	21	100%	0%	0	0%	100%	0	0%	100%	29	100%	0%	58%	42%	Rendah
14	SM	0	0%	100%	21	100%	0%	0	0%	100%	22	79%	21%	20	69%	31%	50%	50%	Rendah
15	RA	0	0%	100%	19	90%	10%	24	63%	37%	0	0%	100%	0	0%	100%	31%	69%	Rendah
16	AS	8	47%	53%	20	95%	5%	24	63%	37%	28	100%	0%	25	86%	14%	78%	22%	Rendah
17	AA	0	0%	100%	21	100%	0%	21	55%	45%	16	57%	43%	16	55%	45%	54%	46%	Rendah
18	AM	0	0%	100%	19	90%	10%	21	55%	45%	0	0%	100%	29	100%	0%	49%	51%	Rendah
19	AH	6	35%	65%	21	100%	0%	24	63%	37%	22	79%	21%	16	55%	45%	66%	34%	Rendah
20	AR	12	71%	29%	0	0%	100%	0	0%	100%	12	43%	57%	29	100%	0%	43%	57%	Rendah
21	SQ	17	100%	0%	14	67%	33%	14	37%	63%	26	93%	7%	0	0%	100%	59%	41%	Rendah
22	AN	17	100%	0%	21	100%	0%	38	100%	0%	22	79%	21%	0	0%	100%	76%	24%	Rendah
23	AD	17	100%	0%	21	100%	0%	0	0%	100%	25	89%	11%	29	100%	0%	78%	22%	Rendah
24	AA	17	100%	0%	21	100%	0%	38	100%	0%	25	89%	11%	18	62%	38%	90%	10%	Rendah
25	AN	17	100%	0%	21	100%	0%	37	97%	3%	16	57%	43%	16	55%	45%	82%	18%	Rendah
26	SH	13	76%	24%	21	100%	0%	24	63%	37%	25	89%	11%	28	97%	3%	85%	15%	Rendah
27	WA	12	71%	29%	19	90%	10%	17	45%	55%	20	71%	29%	25	86%	14%	73%	27%	Rendah
28	RA	16	94%	6%	0	0%	100%	17	45%	55%	0	0%	100%	28	97%	3%	47%	53%	Rendah
29	RA	15	88%	12%	21	100%	0%	24	63%	37%	28	100%	0%	29	100%	0%	90%	10%	Rendah
30	MN	17	100%	0%	21	100%	0%	37	97%	3%	14	50%	50%	24	83%	17%	86%	14%	Rendah
31	NU	17	100%	0%	21	100%	0%	37	97%	3%	22	79%	21%	25	86%	14%	92%	8%	Rendah
32	MZ	17	100%	0%	21	100%	0%	9	24%	76%	16	57%	43%	29	100%	0%	76%	24%	Rendah
33	AT	17	100%	0%	21	100%	0%	36	95%	5%	20	71%	29%	29	100%	0%	93%	7%	Rendah
34	FA	12	71%	29%	19	90%	10%	0	0%	100%	20	71%	29%	0	0%	100%	46%	54%	Rendah
35	JS	17	100%	0%	20	95%	5%	24	63%	37%	26	93%	7%	29	100%	0%	90%	10%	Rendah
36	SK	17	100%	0%	21	100%	0%	38	100%	0%	0	0%	100%	28	97%	3%	79%	21%	Rendah
37	HA	13	76%	24%	6	29%	71%	38	100%	0%	16	57%	43%	29	100%	0%	72%	28%	Rendah
38	MA	14	82%	18%	13	62%	38%	38	100%	0%	26	93%	7%	24	83%	17%	84%	16%	Rendah
39	IM	17	100%	0%	21	100%	0%	24	63%	37%	15	54%	46%	20	69%	31%	77%	23%	Rendah
40	CE	17	100%	0%	0	0%	100%	26	68%	32%	20	71%	29%	20	69%	31%	62%	38%	Rendah
41	MF	15	88%	12%	21	100%	0%	24	63%	37%	28	100%	0%	29	100%	0%	90%	10%	Rendah
Rata-rata			67%	33%		75%	25%		54%	46%		55%	45%		64%	36%	63%	37%	Rendah

e. Buah

No	ID	Jenis Buah																	
		H1 pisang			H2 semangka			H3 pisang			H4 melon			H5 Semangka			Rata-Rata		Kategori
		Berat/porsi =100 g			Berat/porsi =65 g			Berat/porsi =48 g			Berat/porsi =76 g			Berat/porsi =100 g					
		BDD:75% *)			BDD:46% *)			BDD:75% *)			BDD:58% *)			BDD:56% *)					
		Sisa		Dikonsumsi	Sisa		Dikonsumsi	Sisa		Dikonsumsi	Sisa		Dikonsumsi	sisa		Dikonsumsi	sisa	Dikonsumsi	Dikonsumsi
		g	%	(%)	g	%	%	g	%	(%)	g	%	%	g	%	%	%	%	
1	AA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
2	SA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
3	AR	49	49%	51%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	10%	90%	Tinggi
4	AA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
5	NR	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
6	NS	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
7	QK	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
8	KZ	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	64	64%	36%	13%	87%	Tinggi
9	HA	0	0%	100%	48	74%	26%	0	0%	100%	0	0%	100%	0	0%	100%	15%	85%	Tinggi
10	BA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
11	JA	0	0%	100%	65	100%	0%	0	0%	100%	0	0%	100%	0	0%	100%	20%	80%	Tinggi
12	RH	48	48%	52%	50	77%	23%	0	0%	100%	0	0%	100%	0	0%	100%	25%	75%	Rendah
13	SN	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
14	SM	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
15	RA	0	0%	100%	0	0%	100%	48	100%	0%	0	0%	100%	0	0%	100%	20%	80%	Tinggi
16	AS	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
17	AA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
18	AM	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
19	AH	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
20	AR	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
21	SQ	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
22	AN	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
23	AD	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
24	AA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
25	AN	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
26	SH	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
27	WA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
28	RA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
29	RA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
30	MN	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
31	NU	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
32	MZ	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
33	AT	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
34	FA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
35	JS	0	0%	100%	0	0%	100%	0	0%	100%	76	100%	0%	0	0%	100%	20%	80%	Tinggi
36	SK	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
37	HA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
38	MA	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
39	IM	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
40	CE	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
41	MF	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0	0%	100%	0%	100%	Tinggi
Rata-rata			2%	98%		6%	94%		2%	98%		2%	98%		2%	98%	3%	97%	Tinggi

Lampiran 9. Master Tabel Menu MBG 5 Hari

Hari	Menu	Berat Awal	BDD(%)	Berat Bersih
Pertama	Nasi	122	100%	122
	Kari daging sapi	51	100%	51
	Tahu Goreng	26	100%	26
	Acar	17		
	1. wortel	9	100%	9
	2. Timun	9	100%	9
	Pisang	100	75%	75
Nutrisurvey	**Energi 420,7 kkal**	**Karbohidrat 53,3 g**	**Lemak 5,1 g**	**Protein 18,4 g**

Hari	Menu	Berat Awal	BDD(%)	Berat Bersih
Kedua	Nasi	111	100%	111
	Semur daging ayam	21	100%	21
	Tempe Goreng	21	100%	21
	Tumis			
	1. wortel	11	100%	11
	2. Sawi Putih	11	100%	11
	Semangka	65	46%	30
Nutrisurvey	**E : 285,1 kkal**	**KH : 38 g**	**L :11,3 g**	**P : 8,4g**

Hari	Menu	Berat Awal	BDD(%)	Berat Bersih
Ketiga	Nasi	112	100%	112
	Telur Balado	47	100%	47
	Tahu Goreng	20	100%	20
	Tumis Wotel + k Panjang	38		
	1. wortel	19	100%	19
	2. Kacang panjang	19	100%	19
	Pisang	48	75%	36
Nutrisurvey	**E : 307,4 kkal**	**KH :42,4 g**	**L :11 g**	**P: 9,8 g**

Hari	Menu	Berat Awal	BDD(%)	Berat Bersih
Keempat	Nasi	118	100%	118
	Rendang daging sapi	19	100%	19
	Tempe Goreng	22	100%	22
	Acar (Wortel+Timun)	28		
	1. wortel	14	100%	14
	2. Timun	14	100%	14
	Melon	76	58%	44
Nutrisurvey	**E : 303,1 Kkal**	**KH :41,5 g**	**L :9,7 g**	**P :11,8 g**

Hari	Menu	Berat Awal	BDD(%)	Berat Bersih
Kelima	Nasi	114	100%	114
	Ayam goreng	29	58%	17
	Orek tempe	21	100%	21
	Tumis(Jagung+k Panjang	29		
	1. Jagung	15	100%	15
	2. K Panjang	15	100%	15
	Semangka	100	46%	46
Nutrisurvey	**E : 311,5 kkal**	**KH : 43,8 g**	**L:10,3 g**	**P:11,6 g**

Lampiran 10. Hasil SPSS

a. Makanan Pokok

	n	Minimum	Maximum	Mean	Std. Deviation
Persen konsumsi H1 makanan pokok MBG (%)	41	18	100	89.93	20.304
Persen konsumsi H2 makanan pokok MBG (%)	41	5	100	87.29	22.213
Persen konsumsi H3 makanan pokok MBG (%)	41	0	100	90.90	21.588
Persen konsumsi H4 makanan pokok MBG (%)	41	31	100	89.12	18.243
Persen konsumsi H5 makanan pokok MBG (%)	41	46	100	93.88	12.997
Valid N (listwise)	41				

b. Lauk Hewani

	n	Minimum	Maximum	Mean	Std. Deviation
Persen konsumsi H1 lauk hewani MBG (%)	41	14	100	92.78	16.740
Persen konsumsi H2 lauk hewani MBG (%)	41	0	100	83.39	30.728
Persen konsumsi H3 lauk hewani MBG (%)	41	13	100	88.88	23.359
Persen konsumsi H4 lauk hewani MBG (%)	41	0	100	80.10	35.540
Persen konsumsi H5 lauk hewani MBG (%)	41	28	100	77.78	29.749
Valid N (listwise)	41				

c. Lauk Nabati					
	n	Minimum	Maximum	Mean	Std. Deviation
Persen konsumsi H1 lauk nabati MBG (%)	41	8	100	88.37	26.497
Persen konsumsi H2 lauk nabati MBG (%)	41	0	100	61.66	44.636
Persen konsumsi H3 lauk nabati MBG (%)	41	0	100	61.46	46.720
Persen konsumsi H4 lauk nabati MBG (%)	41	0	100	57.00	45.542
Persen konsumsi H5 lauk nabati MBG (%)	41	0	100	90.95	28.037
Valid N (listwise)	41				

d. Sayur					
	n	Minimum	Maximum	Mean	Std. Deviation
Persen konsumsi H1 sayur MBG (%)	41	0	100	32.73	41.357
Persen konsumsi H2 sayur MBG (%)	41	0	100	24.56	39.817
Persen konsumsi H3 sayur MBG (%)	41	0	100	46.10	36.255
Persen konsumsi H4 sayur MBG (%)	41	0	100	45.02	37.309
Persen konsumsi H5 sayur MBG (%)	41	0	100	36.05	39.336
Valid N (listwise)	41				

e. Buah					
	n	Minimum	Maximum	Mean	Std. Deviation
Persen konsumsi H1 buah MBG (%)	41	51	100	97.63	10.578
Persen konsumsi H2 buah MBG (%)	41	0	100	93.88	22.287
Persen konsumsi H3 buah MBG (%)	41	0	100	97.56	15.617
Persen konsumsi H4 buah MBG (%)	41	0	100	97.56	15.617
Persen konsumsi H5 buah MBG (%)	41	36	100	98.44	9.995
Valid N (listwise)	41				

f. Status Gizi

Status_Gizi					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Gizi Kurang	2	4.9	4.9	4.9
	Gizi Baik	36	87.8	87.8	92.7
	Gizi Lebih	3	7.3	7.3	100.0
	Total	41	100.0	100.0	

Kategori penerimaan pokok					
		Frequency	Percent	Valid Percent	Cumulative Percent
	Tinggi	38	92.7	92.7	92.7
	Rendah	3	7.3	7.3	100.0
	Total	41	100.0	100.0	

Kat penerimaan Lauk hewani					
		Frequency	Percent	Valid Percent	Cumulative Percent
	Tinggi	30	73.2	73.2	73.2
	Rendah	11	26.8	26.8	100.0
	Total	41	100.0	100.0	

Kat penerimaan Lauk nabati					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tinggi	21	51.2	51.2	51.2
	Rendah	20	48.8	48.8	100.0
	Total	41	100.0	100.0	

Kategori penerimaan Sayur					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tinggi	3	7.3	7.3	7.3
	Rendah	38	92.7	92.7	100.0
	Total	41	100.0	100.0	

Kategori Penerimaan Buah					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tinggi	40	97.6	97.6	97.6
	Rendah	1	2.4	2.4	100.0
	Total	41	100.0	100.0	

Lampiran 11. Menu Makanan Bergizi Gratis

HARI 1 	**HARI 2** 
HARI 3 	**HARI 4** 
HARI 5 	

Pengukuran Antropometri



