

## DAFTAR PUSAKA

- Dwi, W. (2019). *Anemia Defisiensi Besi (petama)*. Group Penerbitan CV Budi Utama
- Enda. (2019). *Hubungan Pengetahuan Tentang Pada Remaja Putri Di SMA Perguruan Tinggi Swasta Trisakti Lubuk Pakam*.
- Hasyim, N. A., & Kunci, K. (2018). *Pengetahuan Risiko , Perilaku Pencegahan Anemia dan Kadar Hemoglobin pada Remaja Putri The Knowledge of Anemia Risk , Prevention Behavior of Anemia , and Hemoglobin Levels on Adolescent Girls*. 15(2), 28–33.
- Ilmiah, J., Batanghari, U., Indrawatiningsih, Y., Sari, E. P., & Listiono, H. (2021). *Faktor-faktor Yang Mempengaruhi Anemia Pada Remaja Putri*. 21(1), 331–337. <https://doi.org/10.33087/jiubj.v21i1.1116>
- Indriani, D., Rosita, E., & Dewi, P. S. (2018). *Anemia Dengan Sikap Pencegahan Anemia Di SMK PGRI 3 Ngajuk Kabupaten Ngajuk*. 2(1).
- Irianti, E. (2020). *Daun Kelor ( Moringa Oleifera) Untuk Meningkatkan Kadar Haemoglobin : A Literature Review*. 1(2), 49–55.
- Julaecha. (2020). *Upaya Pencegahan Anemia pada Remaja Putri. Upaya Pencegahan Anemia Pada Remaja Putri*, 2(2), 2018–2021.
- Kusnadi, F. N. (2021). *Hubungan Tingkat Pengetahuan Tentang Anemia dengan Kejadian Anemia pada Remaja Putri*. *Jurnal Medika Utama*, 03(01), 1293–1298.  
<http://www.jurnalmedikahutama.com/index.php/JMH/article/view/266/181>
- Laksmi, S., & Yenie, H. (2018). *Hubungan Pengetahuan Remaja Putri Tentang Anemia dengan Kejadian Anemia di Kabupaten*. *Jurnal Ilmiah Keperawatan Sai Betik*, 14(1), 104. <https://doi.org/10.26630/jkep.v14i1.1016>
- Listiana, A., & Jasa, N. E. (2022). *Hubungan Pengetahuan Dengan Kejadian Anemia Pada Remaja Putri Prodi D III STIKes Panca Bhakti Lampung*. 3(1), 35–41.
- Masturoh. (2018). *Metodologi Penelitian Kesehatan*.  
<https://www.ptonline.com/articles/how-to-get-better-mfi-results>
- Nafisah, N. M., & Eti Salafas. (2021). *Hubungan Pola Makan Dengan Kejadian Anemia Pada Remaja Putri*. *Of Holistics and Health Sciens*, 3(September), 1–10.

- Nirmala, S. A., & Bestari, D. (2019). Pengetahuan Remaja Putri Mengenai Anemia Defisiensi Besi dan Pencegahannya di Kecamatan Jatinagor. 8(4), 265–267.
- Puspa, S. (2022). Buku Saku Pelayanan Kesehatan Remaja (M. Nasrudin (ed.)). PT. Nasya Expanding Management.
- Reni Yuli Astutik, D. E. (2018). Anemia Dalam Kehamilan (Pertama). CV. Pustaka Abadi.
- Retno, P., Dumilah, A., & Sumarmi, S. (2017). Hubungan Kejadian Anemia Dengan Prestasi Belajar Siswi Di SMP Unggulan Bina Insani The Association Between Anaemia Incident and Student Learning Achievement At Bina Insani Junior High School. 331–340. <https://doi.org/10.20473/amnt.v1.i4.2017.331-340>
- Safitri, S., & Maharani, S. (2019). Hubungan Pengetahuan Gizi Terhadap Kejadian Anemia pada Remaja Putri di SMP Negeri 13 Kota Jambi. Jurnal Akademika Baiturrahim Jambi, 8(2), 96–100. <https://doi.org/10.36565/jabj.v8i2.19>
- Sholicha, C. A., & Muniroh, L. (2019). Hubungan Asupan Zat Besi, Protein, Vitamin C dan Pola Menstruasi dengan Kadar Hemoglobin pada Remaja Putri di SMAN 1 Manyar Gresik. Media Gizi Indonesia, 14(2), 147. <https://doi.org/10.20473/mgi.v14i2.147-153>
- Simanungkalit, S. F., & Simarmata, O. S. (2019). Pengetahuan dan Perilaku Konsumsi Remaja Putri yang Berhubungan dengan Status Anemia. Buletin Penelitian Kesehatan, 47(3), 175–182. <https://doi.org/10.22435/bpk.v47i3.1269>
- Taufiq, Z. (2020). Aku Sehat Tanpa Anemia. Wondereland Publisher.
- Wardani, A. (2019). Hubungan Pengetahuan Sikap dan Tindakan Anemia Dengan Kejadian Anemia Pada Remaja Putri Kelas VIII Di SMP Negeri 3 Lubuk Pakam.
- Yunita, F. A., Parwatiningsih, S. A., & Nurma, A. E. (2020). Hubungan Pengetahuan Remaja Putri Tentang Konsumsi Zat Besi Dengan Kejadian Anemia di SMP 18 Surakarta. 8(1), 36–47.
- Zaniyah, H. (2019). Pemeriksaan Kadar Hb dan Penyuluhan Tentang Anemia Serta Antisipasinya Pada Siswa SMA Al Hidayah. Paradigma.
- Zhang, Y. X., Chen, J., & Liu, X. H. (2021). Angka Kejadian Anemia Pada Remaja di Indonesia. Pediatrics and Neonatology, 62(2), 165–171. <https://doi.org/10.1016/j.pedneo.2020.11.002>



**KEMENTERIAN KESEHATAN  
REPUBLIK INDONESIA BADAN PENGEMBANGAN  
DAN PEMBERDAYAAN SUMBER DAYA MANUSIA  
KESEHATAN POLITEKNIK KESEHATAN KEMENKES  
MEDAN**



KEMENKES RI

JL. Jamin Ginting KM. 13,5 Kel. Lau Cih Medan Tuntungan Kode Pos : 20136

Telepon : 061-8368633 - Fax : 061-8368644

Website : [www.poltekkes-medan.ac.id](http://www.poltekkes-medan.ac.id) email : [poltekkes\\_medan@yahoo.com](mailto:poltekkes_medan@yahoo.com)

Nomor : LB.02.01/00.02/10848.93/2022

08 Agustus 2022

Perihal : Izin Penelitian

Kepada Yth:

Kepala Sekolah SMA Negeri 1 Lubuk Pakam

Di-

Tempat

Sesuai dengan Kurikulum Nasional Penyelenggaraan Prodi Sarjana Terapan Kebidanan Kelas Ahli Jenjang bagi Mahasiswa Semester Akhir dituntut untuk melakukan penelitian. Sehubungan dengan hal tersebut maka bersama ini kami mohon bantuan Bapak/Ibu dalam memberikan izin penelitian

kepada mahasiswa :

Nama : LindawaytiGinting

Nim : P075245220193

Jurusan : Sarjana Terapan Kebidanan Kelas Alih Jenjang

Judul Penelitian : Hubungan Pengetahuan Dengan

Anemia Remaja Putri Di SMA Negeri 1 Lubuk

Pakam

Demikianlah surat permohonan ini kami sampaikan, atas kesediaan dan kerjasama yang baik kami ucapkan Terimakasih.





**PEMERINTAH PROVINSI SUMATERA UTARA  
DINAS PENDIDIKAN  
SEKOLAH MENENGAH ATAS (SMA) NEGERI 1 LUBUKPAKAM**

Jalan Dr. Wahidin Nomor 1 Lubukpakam Kode Pos 20512, Kec. Lubuk Pakam Kab. Deli Serdang  
Telepon (061) 7952241 Fax. (061) 7952241 Email : smansalupa@yahoo.co.id

**SURAT KETERANGAN**

No : 800.2 /0344/SMA-01 / 2022

Kepala Sekolah Menengah Atas (SMA) Negeri 1 Lubukpakam, Kabupaten Deli Serdang, Propinsi Sumatera Utara menerangkan bahwa:

Nama : **LINDAWATI GINTING**  
NIM : P07524521093  
Program Studi : Sarjana Terapan Kebidanan Kelas Alih Jenjang  
Sekolah Tinggi : Poliklinik Kesehatan Kemenkes Medan

Benar telah melaksanakan Penelitian di SMA Negeri 1 Lubukpakam guna untuk menyesuaikan dengan Kurikulum Nasional Penyelenggaraan Prodi Sarjana Terapan Kebidanan Kelas Alih Jenjang bagi mahasiswa Semester Akhir dengan judul penelitian "Hubungan Pengetahuan Dengan Anemia Remaja Putri Di SMA Negeri 1 Lubuk Pakam Tahun".

Demikian surat keterangan ini diperbuat untuk dapat dipergunakan sebagaimana mestinya.

Lubukpakam, 21 Desember 2022

Kepala SMA Negeri 1 Lubukpakam,



**Drs. MARSITO, M.Si**

NIP.19680919 200003 1 005

**Crosstabs**

**Case Processing Summary**

|                      | Cases |         |         |         |       |         |
|----------------------|-------|---------|---------|---------|-------|---------|
|                      | Valid |         | Missing |         | Total |         |
|                      | N     | Percent | N       | Percent | N     | Percent |
| Pengetahuan * Anemia | 54    | 100.0%  | 0       | 0.0%    | 54    | 100.0%  |

**Pengetahuan \* Anemia Crosstabulation**

|             |        |                      | Anemia |        | Total  |
|-------------|--------|----------------------|--------|--------|--------|
|             |        |                      | Normal | Anemia |        |
| Pengetahuan | Baik   | Count                | 23     | 3      | 26     |
|             |        | % within Pengetahuan | 88.5%  | 11.5%  | 100.0% |
|             | Kurang | Count                | 14     | 14     | 28     |
|             |        | % within Pengetahuan | 50.0%  | 50.0%  | 100.0% |
| Total       |        | Count                | 37     | 17     | 54     |
|             |        | % within Pengetahuan | 68.5%  | 31.5%  | 100.0% |

**Chi-Square Tests**

|                                    | Value              | df | Asymptotic Significance (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) |
|------------------------------------|--------------------|----|-----------------------------------|----------------------|----------------------|
| Pearson Chi-Square                 | 9.245 <sup>a</sup> | 1  | .002                              |                      |                      |
| Continuity Correction <sup>b</sup> | 7.548              | 1  | .006                              |                      |                      |
| Likelihood Ratio                   | 9.860              | 1  | .002                              |                      |                      |
| Fisher's Exact Test                |                    |    |                                   | .003                 | .002                 |
| Linear-by-Linear Association       | 9.074              | 1  | .003                              |                      |                      |
| N of Valid Cases                   | 54                 |    |                                   |                      |                      |

a. 0 cells (0.0%) have expected count less than 5. The minimum expected count is 8.19.

b. Computed only for a 2x2 table

**Frequencies**

**Statistics**

|   |         | Pengetahuan | Anemia |
|---|---------|-------------|--------|
| N | Valid   | 54          | 54     |
|   | Missing | 0           | 0      |

**Frequency Table**

**Pengetahuan**

|       |        | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------|-----------|---------|---------------|--------------------|
| Valid | Baik   | 26        | 48.1    | 48.1          | 48.1               |
|       | Kurang | 28        | 51.9    | 51.9          | 100.0              |
| Total |        | 54        | 100.0   | 100.0         |                    |

**Anemia**

|       |        | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------|-----------|---------|---------------|--------------------|
| Valid | Normal | 37        | 68.5    | 68.5          | 68.5               |
|       | Anemia | 17        | 31.5    | 31.5          | 100.0              |
| Total |        | 54        | 100.0   | 100.0         |                    |

**CROSSTABS**

/TABLES=Pengetahuan BY Anemia  
/FORMAT=AVALUE TABLES  
/STATISTICS=CHISQ  
/CELLS=COUNT ROW  
/COUNT ROUND CELL.

| No | NAMA                         | PENGETAHUAN |    |    |    |    |    |    |    |    |     |     |     |     |     |     |     |     |     |     |     | TOTAL | KODE | NILAI HB | KODE |
|----|------------------------------|-------------|----|----|----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-------|------|----------|------|
|    |                              | P1          | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 | P17 | P18 | P19 | P20 |       |      |          |      |
| 1  | Salsabila Kausalian          | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 15  | 15    | 1    | 12.5     | 1    |
| 2  | Azizah Nayla Alqiandi        | 1           | 1  | 0  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 13.1     | 1    |
| 3  | Nabila Putri                 | 1           | 1  | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 15  | 15    | 1    | 9.9      | 2    |
| 4  | Silvy Agnesia                | 1           | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 17  | 17    | 1    | 16.7     | 1    |
| 5  | Zepania Maria H              | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 17  | 17    | 1    | 12.4     | 1    |
| 6  | Novita Zuraida               | 1           | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 1   | 17  | 17    | 1    | 14.4     | 1    |
| 7  | Rabiatul Adawiyah            | 1           | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 1   | 17  | 17    | 1    | 13.5     | 1    |
| 8  | Jihan Sabrina Saragih        | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 16  | 16    | 1    | 14.7     | 1    |
| 9  | Claudya Aura Azzahra         | 1           | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 17  | 17    | 1    | 12.6     | 1    |
| 10 | Nazwa Aura Azzahra           | 1           | 1  | 0  | 0  | 0  | 0  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 13  | 13    | 2    | 15.3     | 1    |
| 11 | Asrika Tiara Saragih         | 1           | 1  | 1  | 0  | 0  | 0  | 0  | 0  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 12  | 12    | 2    | 14.9     | 1    |
| 12 | Stephani                     | 1           | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 17  | 17    | 1    | 14.1     | 1    |
| 13 | Nazlan Aulia Tanjung         | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 1   | 16  | 16    | 1    | 14.2     | 1    |
| 14 | Deswita Audra                | 1           | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 1   | 17  | 17    | 1    | 11.6     | 1    |
| 15 | Sandria Rumondang            | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 1   | 16  | 16    | 1    | 13.8     | 1    |
| 16 | Yola Gracia Manurung         | 1           | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 17  | 17    | 1    | 14.4     | 1    |
| 17 | Dwi Silvia Ningsih           | 1           | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 1   | 17  | 17    | 1    | 17       | 1    |
| 18 | Nania Tiofany Sinaga         | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 1   | 16  | 16    | 1    | 16       | 1    |
| 19 | Tina Kristiani S             | 1           | 0  | 0  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 0   | 1   | 0   | 1   | 1   | 0   | 11  | 11    | 2    | 16.7     | 1    |
| 20 | Natasya Guardineta Sembiring | 1           | 1  | 0  | 0  | 0  | 0  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 13  | 13    | 2    | 13       | 1    |
| 21 | Putri Yolansia Nababan       | 1           | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 16  | 16    | 1    | 15.8     | 1    |
| 22 | Natasya Septia Lumbangaol    | 1           | 1  | 0  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 13.7     | 1    |
| 23 | Octaviany                    | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 15  | 15    | 1    | 13       | 1    |
| 24 | Khairun Nisa                 | 1           | 1  | 0  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 11.3     | 2    |
| 25 | Tiara Roselini Aulia Syar    | 1           | 1  | 0  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 14.9     | 1    |
| 26 | Nazwa Rifana Dauly           | 1           | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1   | 0   | 0   | 1   | 1   | 0   | 1   | 1   | 1   | 0   | 9   | 9     | 2    | 11.3     | 2    |
| 27 | Rosmery Br Purba             | 1           | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 17  | 17    | 1    | 13.8     | 1    |
| 28 | Sela Abigail Tambunan        | 1           | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 1   | 18  | 18    | 1    | 12.7     | 1    |
| 29 | Elsa Melani Putri            | 1           | 1  | 0  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 17.7     | 1    |
| 30 | Mariani Situmorang           | 1           | 1  | 1  | 0  | 0  | 1  | 0  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 12.2     | 1    |
| 31 | Ariska Tantiyana Devi        | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 0  | 1  | 0   | 1   | 1   | 1   | 1   | 0   | 0   | 1   | 1   | 0   | 13  | 13    | 2    | 9.8      | 2    |
| 32 | Riyad Saffra Firdausy        | 1           | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 17  | 17    | 1    | 12.9     | 1    |
| 33 | Reffh Naupala                | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 0   | 1   | 1   | 1   | 0   | 0   | 0   | 11  | 11    | 2    | 11.3     | 2    |
| 34 | Jhenny Syahfitri             | 0           | 1  | 0  | 0  | 0  | 1  | 1  | 0  | 1  | 1   | 0   | 0   | 1   | 1   | 0   | 1   | 0   | 0   | 1   | 9   | 9     | 2    | 10.6     | 2    |
| 35 | Intan Pratiwi                | 1           | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 1  | 1   | 0   | 0   | 1   | 1   | 0   | 1   | 1   | 1   | 0   | 10  | 10    | 2    | 11.3     | 2    |
| 36 | Elisa Margareth Panjaitan    | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 1   | 16  | 16    | 1    | 10.6     | 2    |
| 37 | Putri Melani Sihombing       | 1           | 1  | 0  | 0  | 0  | 0  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 13  | 13    | 2    | 12.4     | 1    |
| 38 | Irva Malika Br Sitepu        | 1           | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 16  | 16    | 1    | 12.9     | 1    |
| 39 | Laura Nishela Br s           | 1           | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 17  | 17    | 1    | 12.2     | 1    |
| 40 | Nia Agnesia Ginting          | 1           | 1  | 0  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 13       | 1    |
| 41 | Ceria Evalina Ginting        | 1           | 1  | 0  | 0  | 0  | 0  | 0  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 12  | 12    | 2    | 9        | 2    |
| 42 | Heny                         | 1           | 1  | 1  | 0  | 0  | 1  | 0  | 0  | 0  | 0   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 11  | 11    | 2    | 11.4     | 2    |
| 43 | Doargani                     | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 0   | 1   | 0   | 1   | 1   | 1   | 0   | 12  | 12    | 2    | 12.1     | 1    |
| 44 | Indah Taqwa                  | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 0   | 0   | 1   | 1   | 0   | 13  | 13    | 2    | 12.1     | 1    |
| 45 | Ita                          | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 0   | 0   | 0   | 0   | 1   | 0   | 11  | 11    | 2    | 11.6     | 2    |
| 46 | Jamiatun                     | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 0   | 1   | 0   | 14  | 14    | 2    | 13.7     | 1    |
| 47 | Desi Oktaviani               | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 0  | 1  | 1   | 0   | 0   | 1   | 0   | 0   | 0   | 0   | 1   | 0   | 10  | 10    | 2    | 10.7     | 2    |
| 48 | Yosaya                       | 1           | 1  | 1  | 0  | 0  | 1  | 0  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 11.6     | 2    |
| 49 | Tifani Butar-Butar           | 1           | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 16  | 16    | 1    | 14       | 1    |
| 50 | Yeny                         | 1           | 1  | 1  | 0  | 0  | 1  | 0  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 11.9     | 2    |
| 51 | Putri                        | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 15  | 15    | 1    | 11.8     | 2    |
| 52 | Atika                        | 1           | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 16  | 16    | 1    | 13       | 1    |
| 53 | Dewi                         | 1           | 1  | 1  | 0  | 0  | 0  | 1  | 1  | 1  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 14  | 14    | 2    | 11       | 2    |
| 54 | Siutia                       | 1           | 1  | 1  | 0  | 0  | 1  | 1  | 0  | 0  | 1   | 0   | 0   | 1   | 1   | 1   | 1   | 1   | 1   | 0   | 13  | 13    | 2    | 11.2     | 2    |

Anemia  
1. Normal = Hb =12  
2. Anemia < 12

Pengetahuan  
1. Baik = >15  
2. Kurang : < 15



KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
BADAN PENGEMBANGAN DAN PEMBERDAYAAN  
SUMBER DAYA MANUSIA KESEHATAN  
POLITEKNIK KESEHATAN KEMENKES MEDAN

Jl. Jamin Ginting KM. 13,5 Kel. Lau Cih Medan Tuntungan Kode Pos : 20136

Telepon : 061-8368633 - Fax : 061-8368644

Website : [www.poltekkes-medan.ac.id](http://www.poltekkes-medan.ac.id), email : [poltekkes\\_medan@yahoo.com](mailto:poltekkes_medan@yahoo.com)

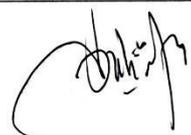


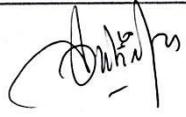
**KARTU BIMBINGAN SKRIPSI**

Nama Mahasiswa : Lindawati Ginting  
NIM : P07524521093  
Judul SKRIPSI : Hubungan Pengetahuan Dengan Anemia Remaja Putri Di  
SMA Negeri 1 Lubuk Pakam Tahun 2022  
Pembimbing Utama : Dr. Evi Irianti, SKM, M.Kes  
Pembimbing Pendamping : Betty Mangkuji. SST, M.Keb

| NO | TANGGAL       | URAIAN KEGIATAN BIMBINGAN | HASIL  | PARAF  |
|----|---------------|---------------------------|--|--|
| 1. | 17 Maret 2022 | Pengajuan Judul Proposal  | Perbaikan Judul Proposal                         | <br>( Dr. Evi Irianti, SKM, M.Kes ) |
| 2. | 30 Maret 2022 | Pengajuan Judul Proposal  | ACC Judul  | <br>( Dr. Evi Irianti, SKM, M.Kes ) |
| 3. | 11 April 2022 | Pengajuan Bab 1           | Perbaikan Bab 1                                  | <br>( Dr. Evi Irianti, SKM, M.Kes ) |
| 4. | 14 April 2022 | Perbaikan Bab 1           | Perbaikan Bab 1                                  | <br>( Dr. Evi Irianti, SKM, M.Kes ) |
| 5. | 20 April 2022 | Perbaikan Bab 1           | Perbaikan Bab 1, Latar Belakang, Tujuan, Manfaat | <br>( Dr. Evi Irianti, SKM, M.Kes ) |

|     |                   |  |  |  |
|-----|-------------------|--|--|--|
| 6.  | 03 Agustus 2022   | Perbaikan Bab 1, Latar Belakang, Tujuan, Manfaat | Perbaikan Bab 1, Latar Belakang, Tujuan, Manfaat | <br>( Dr. Evi Irianti, SKM, M.Kes )   |
| 7.  | 11 Agustus 2022   | Perbaikan Bab 1, Latar Belakang, Tujuan, Manfaat | Perbaikan Bab 1, Latar Belakang, Tujuan, Manfaat | <br>( Dr. Evi Irianti, SKM, M.Kes )   |
| 8.  | 12 Agustus 2022   | Perbaikan Bab 1                                  | ACC Bab 1  | <br>( Dr. Evi Irianti, SKM, M.Kes )   |
| 9.  | 29 September 2022 | Pengajuan Bab 2 dan Bab 3                        | Perbaikan Bab 2 dan Bab 3                        | <br>( Dr. Evi Irianti, SKM, M.Kes )   |
| 10  | 06 November 2022  | Perbaikan Bab 2 dan Bab 3                        | Perbaikan Bab 2 dan Bab 3                        | <br>( Dr. Evi Irianti, SKM, M.Kes ) |
| 11. | 18 Oktober 2022   | Perbaikan Bab 2 dan Bab 3                        | Perbaikan Bab 2 dan Bab 3                        | <br>( Dr. Evi Irianti, SKM, M.Kes ) |
| 12. | 21 Oktober 2022   | Perbaikan Bab 2 dan Bab 3                        | Perbaikan Bab 2 dan Bab 3                        | <br>( Dr. Evi Irianti, SKM, M.Kes ) |
| 13. | 26 Oktober 2022   | Perbaikan Bab 2 dan Bab 3                        | Perbaikan Bab 2 dan Bab 3                        | <br>( Dr. Evi Irianti, SKM, M.Kes ) |
| 14. | 07 November 2022  | Perbaikan Bab 1, Bab 2 dan Bab 3                 | Perbaikan Bab 1, Bab 2 dan Bab 3                 | <br>( Dr. Evi Irianti, SKM, M.Kes ) |

|     |                  |   |   |  |
|-----|------------------|---|---|--|
| 15. | 09 November 2022 | Perbaikan Bab 1, Bab 2 dan Bab 3        | ACC Proposal  | <br>( Dr. Evi Irianti, SKM, M.Kes )       |
| 16. | 11 November 2022 | Perbaikan Bab 1, Bab 2 dan Bab 3        | Perbaikan Bab 1, Bab 2 dan Bab 3                    | <br>( Betty Mangkuji, SST, M.Keb )        |
| 17. | 14 November 2022 | Perbaikan Bab 1, Bab 2 dan Bab 3        | ACC Proposal  | <br>( Betty Mangkuji, SST, M.Keb )        |
| 18. | 17 November 2022 | Seminar Proposal                        | Perbaikan Bab 1, Bab 2, Bab 3 dan Lanjut Penelitian | <br>( Dr. Evi Irianti, SKM, M.Kes )      |
| 19. | 21 November 2022 | Perbaikan Hasil Bab 1, Bab 2, dan Bab 3 | Perbaikan Hasil Bab 1, Bab 2, dan Bab 3             | <br>( Julietta Hutabarat, Spsi, M.Keb ) |
| 20. | 22 November 2022 | Perbaikan Hasil Bab 1, Bab 2, dan Bab 3 | Perbaikan Hasil Bab 1, Bab 2, dan Bab 3             | <br>( Betty Mangkuji, SST, M.Keb )      |
| 21. | 22 November 2022 | Perbaikan Hasil Bab 1, Bab 2, dan Bab 3 | Perbaikan Hasil Bab 1, Bab 2, Dan Bab 3             | <br>( Dr. Evi Irianti, SKM, M.Kes )     |
| 22. | 23 November 2022 | Perbaikan Hasil Bab 1, Bab 2, dan Bab 3 | ACC Bab 1, Bab 2, Bab 3 dan Lanjut Penelitian       | <br>( Betty Mangkuji, SST, M.Keb )      |
| 23. | 24 November 2022 | Perbaikan Hasil Bab 1, Bab 2, dan Bab 3 | ACC Bab 1, Bab 2, Bab 3 dan Lanjut Penelitian       | <br>( Dr. Evi Irianti, SKM, M.Kes )     |

|     |                  |   |                                     |  |
|-----|------------------|---|-------------------------------------|--|
| 24. | 29 November 2022 | Perbaikan Hasil Bab 1, Bab 2, dan Bab 3 | Bab 1, Bab 2, dan Lanjut Penelitian | <br>( Julietta Hutabarat, Spsi, M.Keb ) |
| 25. | 10 Januari 2023  | Pengajuan Bab 4 dan Bab 5               | Perbaikan Bab 4 dan Bab 5           | <br>( Dr. Evi Irianti, SKM, M.Kes )     |
| 26. | 12 Januari 2023  | Perbaikan Bab 4 dan Bab 5               | Perbaikan Bab 4 dan Bab 5           | <br>( Dr. Evi Irianti, SKM, M.Kes )     |
| 27. | 12 Januari 2023  | Perbaikan Bab 4 dan Bab 5               | ACC Skripsi Maju Seminar Hasil      | <br>( Dr. Evi Irianti, SKM, M.Kes )    |
| 28. | 12 Januari 2023  | Perbaikan Bab 4 dan Bab 5               | Perbaikan Bab 4 dan Bab 5           | <br>( Betty Mangkuji, SST, M.Keb )    |
| 29. | 12 Januari 2023  | Perbaikan Bab 4 dan Bab 5               | ACC Skripsi Maju Seminar Hasil      | <br>( Betty Mangkuji, SST, M.Keb )    |

**Dosen Pembimbing Utama**



**(Dr. Evi Irianti, SKM, M.Kes)**  
NIP.196911051991012001

**Dosen Pembimbing Pendamping**



**(Betty Mangkuji, SST, M.Kes)**  
NIP.196609101994032001

## DOKUMENTASI

